Brookfield Colgrass Café
9022 31st Street
Brookfield, Il 60513
708-310-4434

November 2026 Activity Calendar

Meals on Wheels FOR NORTHERN ILLINOIS
COMMUNITY & NUTRITION SERVICES FOR SENIORS

Cafe Manager: Tanya Harrison
Cafe Days: Monday - Friday
Times: 11:00 am - 2:00 pm
Suggested Donation: $3.00

Monday	Tuesday	Wednesday	Thursday	Friday
2 Represent by wearing your Chicago Bears gear!! 	**3**	**4**  Nutrition Education Handout: Talk to your Doctors	**5**	**6** 
9 	**10**	**11** 	**12**	**13**
16	**17**	**18**	**19**	**20** 
23 	**24** 	**25**	**26** 	**27** 
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MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

AGEOPTIONS

Funding is provided in whole or in part by AgeOptions, AgeGuide Northeastern Illinois, and the Illinois Department on Aging through the Older Americans Act. Meals on Wheels for Northern Illinois does not discriminate based on race, color, national origin, age, disability, sex, gender identity, sexual orientation, religion, or any protected status. Reasonable accommodations and language assistance are available upon request.

For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, **REFRIGERATE IT RIGHT AWAY!** Do not leave it sitting out.

Each meal is served with milk.