Brookfield Colgrass Café
9022 31st Street
Brookfield, Il 60513
708-310-4434

November 2026 Café Menu

Meals on Wheels FOR NORTHERN ILLINOIS
COMMUNITY & NUTRITION SERVICES FOR SENIORS

Cafe Manager: Tanya Harrison
Cafe Days: Monday - Friday
Times: 11:00 am - 2:00 pm
Suggested Donation: $3.00

Monday	Tuesday	Wednesday	Thursday	Friday
2 Beef Vegetable Soup Sweet Corn Green Beans Multi Grain Bread Chilled Pears Cookie	**3** Buffalo Chicken Sandwich Tomato Florentine Soup Tossed Garden Salad Cheese Tortellini Pasta Salad Whole Wheat Kaiser Roll Cottage Cheese, Banana	**4** Spaghetti & Meatballs with Marinara Broccoli Whole Wheat Vienna Bread Chilled Peaches	**5** Chicken Tender Po'Boy Roasted Red Pepper Soup Tossed Garden Salad Pea Salad Pesto Aioli, French Roll Cottage Cheese, Apple	**6** Chicken Enchiladas Creamy Street Corn Soup Tossed Garden Salad Strawberry Yogurt Cottage Cheese Fruit Cup
9 Baked Meatloaf with Gravy Cauliflower Mashed Potatoes Mixed Vegetables Multi Grain Bread Pineapple Tidbits	**10** Apricot Chicken Salad on a Croissant Vegetable Gumbo Tossed Garden Salad Tri-Bean Salad, Egg Cottage Cheese, Peaches	**11** 	**12** Turkey & Cheddar Sandwich Cream of Cauliflower Tossed Garden Salad Hard Boiled Egg Strawberry Yogurt Cottage Cheese, Orange	**13** Italian Sausage Penne Pasta with Red Pepper Cream Sauce White Bean Vegetable Soup Tossed Garden Salad Pea Salad, Garlic Bread Stick Cottage Cheese, Fresh Melon
16 Roast Pork & Gravy Au Gratin Potatoes Peas & Carrots Multi Grain Bread Whole Apple	**17** Chicken & Kale Soup Sweet Potatoes Italian Green Beans Pea Salad Cranberry Roll Chilled Peaches	**18** Salisbury Steak & Gravy Mashed Potatoes Sweet Corn Whole Wheat Roll Pineapple Tidbits	**19** Cheeseburger Cream of Spinach Soup Tossed Garden Salad Potato Salad Cottage Cheese Banana	**20** Bean & Cheese Papusa (Thick Stuffed Griddle Cake) Fire Roasted Tomato Soup Tossed Garden Salad Curtido Cabbage Slaw Cottage Cheese, Fresh Melon
23 Holiday Meal Roasted Turkey & Gravy Mashed Sweet Potato Green Bean Casserole Sage Bread Stuffing Pie	**24** Polish Sausage with Sauteed Onions Lumberjack Soup Tossed Garden Salad Cookie Cottage Cheese, Peaches	**25** Tuna Salad Sandwich Cream of Broccoli Soup Tossed Garden Salad Beet Salad Hard Boiled Egg Cottage Cheese, Fruit Salad	**26** 	**27** 
30 Chicken Cheddar Broccoli Rice Casserole Cauliflower Multi Grain Bread Pear & Cranberry Crumble				

MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

AGEOPTIONS

Funding is provided in whole or in part by AgeOptions, AgeGuide Northeastern Illinois, and the Illinois Department on Aging through the Older Americans Act. Meals on Wheels for Northern Illinois does not discriminate based on race, color, national origin, age, disability, sex, gender identity, sexual orientation, religion, or any protected status. Reasonable accommodations and language assistance are available upon request.

For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, **REFRIGERATE IT RIGHT AWAY!** Do not leave it sitting out.

Each meal is served with milk.