Site Franklin Park
Address 10040 Addison St
City, State Zip: Franklin Park Il 60131
Phone:847/678-8777

November 2026 MENU

Meals on Wheels FOR NORTHERN ILLINOIS
COMMUNITY & NUTRITION SERVICES FOR SENIORS

Cafe Manager: Lupe Borjon
Cafe Days: Monday -Friday
Times: 8:00am -2:00pm
Suggested Donation: $4.25

Monday	Tuesday	Wednesday	Thursday	Friday
2 Old Fashioned Beef Vegetable so Grounf Beef Sweet Corn Green Beans Multi grain Bread Chilled pears and Cookie	**3** Turkey Pot Roast Baked Potato Peas and Carrots Multi grain Cranberry roll Fruit cup Banana	**4** Spaghetti & meatballs Broccoli Whole Wheat Vienna Bread Chilled peaches Parmesan Cheese	**5** Chicken Tenders in country Sage Bread Stuffing Sweet Potato Mashed Northern White beans Whole Apple Pea salad	**6** Crab Alfredo Alfredo Sauce ,Penne Pasta Zucchini with red peppers Vegetables Fruit Cup Whole wheat roll
9 Baked Meatloaf with Gravy Cauliflower mashed potatoes Mixed grain Bread Pineapple Tid Bits	**10** Potato Leek & sausage Chowde Italian sausage crumble Peas and carrots Mixed Salad Greens Fruit and Corn Bread Warm apple Cobbler	**11** Closed 	**12** Cheese Omelet Diced Hasbrowns Potatoes Whole Wheat Biscuit Apple Juice Strawerry Yogurt Whole Orange	**13** Swedish Meatballs Mashed Potatoes Broccoli Multi grain Bread Fresh Melon
16 Roast Pork & Gravy Au gratin Potatoes Peas and Carrots Multi grain bread Whole Apple	**17** Chicken tenders Boneless Baked Sweet Potatoes Italian Green Beans Multi grain Cranberry roll Chilled Peaches Pea Salad	**18** Salisbury Steak &Gravy Mashed Potatoes Sweet Corn Whole Wheat Roll Pineapple Tid Bits	**19** All Beef Hot Dog Oven Fries Baked Bean casserole Whole Wheat Hot Dog Bun Banana Fresh Melon	**20** Classic lasagna with Meat Sauce Broccoli Vegetables Nulti Grain Bread Chocolate Pudding
23 Turkey Roastes with Gravy Baked Sweet Potatoes Green Bean Casserole Sage Bread Stuffing Pie Crispy Diced Onions	**24** Spaghetti & meatball marinara Multli grain Bread Warm Peach Cobbler Parmesan Cheese Tri Beans salad Fruit cup	**25** Hamburger German Potato Salad Green Beans Whole Wheat Hamburger Bun Applesauce	**26** 	**27**
30 Cheddar Broccoli Chicken Casserole Cauliflower Multi Grain Bread Warm pear and cranberry Crumble				 

MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

AGEOPTIONS

Funding is provided in whole or in part by AgeGuide Northeastern Illinois, and the Illinois Department on Aging through the Older Americans Act. Meals on Wheels for Northern Illinois does not discriminate based on race, color, national origin, age, disability, sex, gender identity, sexual orientation, religion, or any protected status. Reasonable accommodations and language assistance are available upon request.

For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, **REFRIGERATE IT RIGHT AWAY!** Do not leave it sitting out.

Each meal is served with milk.