Brookfield Colgrass Café
9022 31st Street
Brookfield, Il 60513
708-310-4434

November 2026 MENU

Meals on Wheels FOR NORTHERN ILLINOIS
COMMUNITY & NUTRITION SERVICES FOR SENIORS

Cafe Manager: Tanya Harrison
Cafe Days: Monday - Friday
Times: 11:00 am - 2:00 pm
Suggested Donation: $3.00

Monday	Tuesday	Wednesday	Thursday	Friday
2 Beef Vegetable Soup Sweet Corn Green Beans Multi Grain Bread Chilled Pears Cookie	**3** Turkey Pot Roast Baked Potato Peas & Carrots Multi Grain Cranberry Roll Chef's Choice Fruit Banana	**4** Spaghetti & Meatballs Marinara Sauce Broccoli Whole Wheat Vienna Bread Chilled Pears	**5** Chicken Tenders in Gravy Mashed Sweet Potatoes Sage Bread Stuffing Northern Beans & Tomato Pea Salad Whole Apple	**6** Surimi Crab Alfredo Penne Pasta Zucchini with Red Onions Chef's Choice Vegetables Whole Wheat Roll Fruit Cup
9 Baked Meatloaf with Gravy Cauliflower Mashed Potatoes Mixed Vegetables Multi Grain Bread Pineapple Tidbits	**10** Potato Leek & Sausage Chowder Peas & Carrots Mixed Salad Greens Corn Bread, Choice Fruit Warm Apple Cobbler	**11** 	**12** Cheese Omelet Diced Hash Brown Whole Wheat Biscuit Strawberry Yogurt Apple Juice Orange	**13** Swedish Meatballs Mashed Potatoes Broccoli Multi Grain Bread Fresh Melon
16 Roast Pork & Gravy Au Gratin Potatoes Peas & Carrots Multi Grain Bread Whole Apple	**17** Chicken & Kale Soup Sweet Potatoes Italian Green Beans Pea Salad Cranberry Roll Chilled Peaches	**18** Salisbury Steak & Gravy Mashed Potatoes Sweet Corn Whole Wheat Roll Pineapple Tidbits	**19** All Beef Hot Dog Oven Fries Baked Bean Casserole Whole Wheat Bun Banana Fresh Melon	**20** Classic Lasagna with Meat Sauce Broccoli Chef's Choice Vegetables Multi Grain Bread Chocolate Pudding
23 Holiday Meal Roasted Turkey & Gravy Mashed Sweet Potato Green Bean Casserole Sage Bread Stuffing Pie	**24** Spaghetti & Meatballs with Marinara Sauce Tri-Bean Salad Warm Peach Cobbler Multi Grain Bread	**25** Hamburger German Potato Salad Green Beans Whole Wheat Bun Applesauce	**26** 	**27** 
30 Chicken Cheddar Broccoli Rice Casserole Cauliflower Multi Grain Bread Pear & Cranberry Crumble				

MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

AGEOPTIONS.

Funding is provided in whole or in part by AgeOptions and the Illinois Department on Aging through the Older Americans Act. Meals on Wheels for Northern Illinois does not discriminate based on race, color, national origin, age, disability, sex, gender identity, sexual orientation, religion, or any protected status. Reasonable accommodations and language assistance are available upon request.

For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, **REFRIGERATE IT RIGHT AWAY!** Do not leave it sitting out.

Each meal is served with milk.