Site: Joshua Arms
Address: 1315 Rowell Avenue
City, State Zip: Joliet, IL 60433
Phone: 815-351-9293

NOVEMBER 2026 Café Menu

Meals on Wheels FOR NORTHERN ILLINOIS
COMMUNITY & NUTRITION SERVICES FOR SENIORS

Cafe Manager: Michelle Gotchie
Cafe Days: Monday - Friday
Times: 11:00am - 12:00pm
Suggested Donation: $5.00

Monday	Tuesday	Wednesday	Thursday	Friday
2	**3**	**4**	**5**	**6**
Beef Vegetable Soup Sweet Corn Grean Beans Multi-Grain Bread Chilled Pears Cookie	DELI DAY Pulled Buffalo Chicken Whole Wheat Kaiser Roll Cottage Cheese Cheese Tortellini Pasta Hard Boiled Egg	Corned Beef & Swiss Cheese Cheese, Lettuce Tomato Marble Rye Bread Coleslaw Pineapple Tid Bits	Surimi Crab Salad Lettuce & Tomato Corn Relish Salad Wheat Graham Crackers Mandarin Oranges	DELI DAY Chicken Enchilada Mexican Street Corn Cottage Cheese Strawberry Yogurt Fruit Cup
9	**10**	**11**	**12**	**13**
Meatloaf with Country Gravy Cauliflower Mashed Potatoes Mixed Vegetables Multi-Grain Bread Pineapple Tid Bits	DELI-DAY Apricot Chicken Salad Whole Wheat Croissant Cottage Cheese Chilled Peaches Tri Bean Salad	CLOSED VETERANS DAY	DELI-DAY Turkey Cheddar Sandwich Whole Wheat Sandwich Bun Cottage Cheese Strawberry yogurt Whole Orange	DELI-DAY Italian Sausage w/Red Pepper Penne Pasta Garlic Bread Stick Cottage Cheese Pea Salad
16	**17**	**18**	**19**	**20**
Roast Pork & Gravy Au Gratin Potatoes Peas & Carrots Multi-Grain Bread Whole Apple	DELI-DAY Italian Beef Whole Wheat French Roll Cottage Cheese Chilled Pears Pea Salad	Ham & Cheese Sandwich Lettuce & Tomato Pea Salad Wheat Sandwich Bun Chef Choice Fruit	DELI-DAY Cheeseburger Wheat Hamburger Bun Cottage Cheese Banana Potato Salad	Lasagna with Meat Sauce Broccoli Chef Choice Vegetables Multi-Grain Bread Chocolate Pudding
23	**24**	**25**	**26**	**27**
Roasted Turkey & Gravy Baked Sweet Potatoes Green Bean Casserole Sage Bread Stuffing Pie	DELI-DAY Polish Sausage Wheat Sausage Roll Cottage Cheese Mandarin oranges Cookie	Hamburger German Potato Salad Green beans Wheat Hamburger Bun Applesauce	CLOSED THANKSGIVING DAY	CLOSED
30				
Corned Beef Sandwich Lettuce & Tomato Garbanzo Bean Salad Marble Rye Bread Chef Choice Fruit				

MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

AgeGuide NORTHEASTERN ILLINOIS

Funding is provided in whole or in part by AgeGuide Northeastern Illinois, and the Illinois Department on Aging through the Older Americans Act. Meals on Wheels for Northern Illinois does not discriminate based on race, color, national origin, age, disability, sex, gender identity, sexual orientation, religion, or any protected status. Reasonable accommodations and language assistance are available upon request.

For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, **REFRIGERATE IT RIGHT AWAY!** Do not leave it sitting out.

Each meal is served with milk.