Site: Oak Lawn/Hometown Commu
Address: 5220 W. 105th St.
City, State Zip: Oak Lawn, IL 60453
Phone: 708-422-5180

November 2026 Café Menu

Meals on Wheels FOR NORTHERN ILLINOIS
COMMUNITY & NUTRITION SERVICES FOR SENIORS

Lunch is served from 11:30am - 1:00pm so please plan accordingly

Cafe Manager: Angie Gasca
Cafe Days: Monday - Friday
Times: 10:00am - 1:00pm
Suggested Donation: $4.00

Monday	Tuesday	Wednesday	Thursday	Friday
2	**3**	**4**	**5**	**6**
Old Fashioned Vegetable Beef Soup Green Beans Multigrain Bread Chilled Pears Cookie	Turkey Pot Roast Baked Potato Peas and Carrots Multigrain Cranberry Roll Banana	Spaghetti & Meatballs Marinara Broccoli Whole Wheat Vienna Bread Chilled Peaches	Chicken Tenders in Country Gravy Sage Bread Stuffing Mashed Sweet Potatoes Northern White Beans & Tomato Medley, Whole Apple Pea Salad	Chicken Enchilada Creamy Mexican Street Corn Soup Tossed Garden Salad Cottage Cheese, Strawberry Strawberry Yogurt Fruit Cup $5.00
9	**$5.00 10**	**11**	**12**	**13**
Baked Meat Loaf w/Country Gravy Cauliflower Mashed Potatoes Mixed Vegetables Multigrain Bread Pineapple Tidbits	Apricot Chicken Salad on a Whole Wheat Croissant Vegetable Gumbo Soup Tossed Garden Salad Chilled Peaches, Cottage Cheese Tri Bean Salad, Hard Boiled Egg	CLOSED Veterans Day	Turkey Cheddar Sandwich Whole Wheat Sandwich Bun Cream of Cauliflower Soup Tossed Garden Salad, Strawberry Yogurt, Cottage Cheese, Orange Hard Boiled Egg $5.00	Swedish Meatballs Mashed Potatoes Broccoli Multigrain Bread Fresh Melon
16	**17**	**18**	**19**	**20**
Roast Pork & Gravy Au Gratin Potatoes Peas & Carrots Multigrain Bread Whole Apple	Chicken & Kale Soup Baked Sweet Potatoes Italian Green Beans Multigrain Cranberry Roll Chilled Peaches Pea Salad	Salisbury Steak & Gravy Mashed Potatoes Sweet Corn Whole Wheat Roll Pineapple Tidbits	Cheeseburger Whole Wheat Hamburger Bun Cream of Spinach Soup Tossed Garden Salad Cottage Cheese, Banana Potato Salad $5.00	Classic Lasagna W/Meat Sauce Broccoli Chef Choice Vegetable Multigrain Bread Chocolate Pudding
23	**$5.00 24**	**25**	**26**	**27**
Holiday Roasted Turkey & Gravy Baked Sweet Potatoes Green Bean Casserole Sage Bread Stuffing Pie	Polish Sausage w/Sauteed Onions Whole Wheat Sausage Roll Lumberjack Soup Tossed Garden Salad Cottage Cheese, Chilled Peaches Cookie	Hamburger German Potato Salad Green Beans Whole Wheat Hamburger Bun Applesauce	CLOSED Thanksgiving	CLOSED Thanksgiving
30				
Cheddar Broccoli Chicken Rice Casserole Cauliflower Mashed Potatoes Multigrain Bread Warm Pear & Cranberry Crumble				

MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

AGEOPTIONS

Funding is provided in whole or in part by AgeOptions, and the Illinois Department on Aging through the Older Americans Act. Meals on Wheels for Northern Illinois does not discriminate based on race, color, national origin, age, disability, sex, gender identity, sexual orientation, religion, or any protected status. Reasonable accommodations and language assistance are available upon request.

For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, **REFRIGERATE IT RIGHT AWAY!** Do not leave it sitting out.

Each meal is served with milk.