Site Oak Lawn/Hometown
Address 5220 W. 105th St
City, State Zip Oak Lawn, IL 60453
Phone: 708-422-5180

November 2026 Home Delivered Menu

Meals on Wheels FOR NORTHERN ILLINOIS
COMMUNITY & NUTRITION SERVICES FOR SENIORS

Cafe Manager: Angie Gasca
Cafe Days: Mon-Fri
Times: 11:00 am - 2:00 pm
Suggested Donation: $4.25

Monday	Tuesday	Wednesday	Thursday	Friday
2	**3**	**4**	**5**	**6**
Old Fashioned Vegetable Beef Soup Green Beans Multigrain Bread Chilled Pears Cookie	Turkey Pot Roast Baked Potato Peas and Carrots Multigrain Cranberry Roll Banana	Spaghetti & Meatballs Marinara Broccoli Whole Wheat Vienna Bread Chilled Peaches	Chicken Tenders in Country Gravy Sage Bread Stuffing Mashed Sweet Potatoes Northern White Beans & Tomato Medley, Whole Apple Pea Salad	Surimi Crab Alfredo Penne Pasta Zucchini, Red Peppers & Onions Whole Wheat Roll Fruit Cup
9	**10**	**11**	**12**	**13**
Baked Meat Loaf w/Country Gravy Cauliflower Mashed Potatoes Mixed Vegetables Multigrain Bread Pineapple Tidbits	Potato Leek & Sausage Chowder Peas & Carrots Mixed Salad Greens Corn Bread Warm Apple Cobbler Chef Choice Fruit	CLOSED Veterans Day	Cheese Omelet Dice Hash Brown Potatoes Juice, Apple Strawberry Yogurt Whole Orange	Swedish Meatballs Mashed Potatoes Broccoli Multigrain Bread Fresh Melon
16	**17**	**18**	**19**	**20**
Roast Pork & Gravy Au Gratin Potatoes Peas & Carrots Multigrain Bread Whole Apple	Chicken & Kale Soup Baked Sweet Potatoes Italian Green Beans Multigrain Cranberry Roll Chilled Peaches Pea Salad	Salisbury Steak & Gravy Mashed Potatoes Sweet Corn Whole Wheat Roll Pineapple Tidbits	All Beef Hot Dog Oven Fries Baked Bean Casserole Whole Wheat Hot Dog Bun Banana Fresh Melon	Classic Lasagna W/Meat Sauce Broccoli Chef Choice Vegetable Multigrain Bread Chocolate Pudding
23	**24**	**25**	**26**	**27**
Holiday Roasted Turkey & Gravy Baked Sweet Potatoes Green Bean Casserole Sage Bread Stuffing Pie	Spaghetti & Meatballs Marinara Multigrain Bread Warm Peach Cobbler Tri Bean Salad Fruit Cup	Hamburger German Potato Salad Green Beans Whole Wheat Hamburger Bun Applesauce	CLOSED Thanksgiving	CLOSED Thanksgiving
30				
Cheddar Broccoli Chicken Rice Casserole Cauliflower Mashed Potatoes Multigrain Bread Warm Pear & Cranberry Crumble				

MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

AGEOPTIONS

Funding is provided in whole or in part by AgeOptions, and the Illinois Department on Aging through the Older Americans Act. Meals on Wheels for Northern Illinois does not discriminate based on race, color, national origin, age, disability, sex, gender identity, sexual orientation, religion, or any protected status. Reasonable accommodations and language assistance are available upon request.

For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, **REFRIGERATE IT RIGHT AWAY!** Do not leave it sitting out.

Each meal is served with milk.