



MEMORY CAFÉ

Join us at the Memory Café!

The Memory Café is a casual time for individuals with memory loss and their caregivers to enjoy food, socialization and activities in a supportive and fun environment.

Date: First Wednesday of each month

Time: Program: 10:00am-11:30am

Location: Sharp Community Center

1609 36th Ave., Melrose Park, IL 60160

- Lunch provided 11:30am - 12:30pm
- Transportation assistance available. Call for information.

RSVP Required. Please contact Mattie Stevenson at 708-603-2331 or mstevenson@agingcareconnections.org to RSVP.

Funded in part by: **AGEOPTIONS**



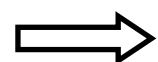
Community Nutrition Network
and Senior Services Association



Aging Care Connections does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call (708) 354-1323.

708-354-1323 • 111 W. Harris Ave, La Grange, IL 60525 • www.agingcareconnections.org

See reverse side of flyer for program activity calendar.



Memory Café Monthly Activities

Sharp Community Center

1609 36th Ave., Melrose Park, IL 60160

Wednesday, January 2	Laughter Yoga
Wednesday, February 6	Exercise
THURSDAY, March 14	FIELD TRIP: Drury Lane Oakbrook Ter. Time: TBA Location: Meet the bus at Aging Care Connections 111 W. Harris Ave., LaGrange
Wednesday, April 3	Dance
THURSDAY, May 9	FIELD TRIP: Morton Arboretum, Lisle Time: TBA Location: Meet the bus at Aging Care Connections, 111 W. Harris Ave., LaGrange
Wednesday, June 5	Watercolor Painting
THURSDAY, July 11	FIELD TRIP: Art Institute of Chicago Time: TBA Location: Meet the bus at Aging Care Connections, 111 W. Harris Ave., LaGrange
Wednesday, August 7	Radio Players
THURSDAY, September 26	FIELD TRIP: Memory Farm, Elburn, IL Time: TBA Location: Meet the bus at Aging Care Connections, 111 W. Harris Ave., LaGrange

Activities subject to change