

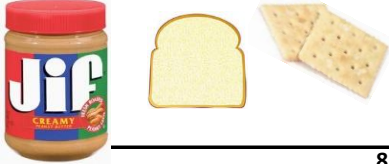
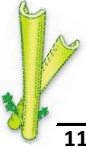














March 2019

Brookfield Colgrass café
 9022 31st St
 Brookfield, IL 60513
 708-310-4434

Hours: Monday Through Friday, 8:00am to 2:00pm
 Please call at least 24 hours in advance if your not going to be home

Café Manager: Tanya Harrison

Events

Monday	Tuesday	Wednesday	Thursday	Friday
* We are searching for someone to call Bingo on Wednesday's, See Tanya if interested				National Peanut Butter Lovers Day 
Benefits of eating Celery 1 stalk contains only 10 calories Calms you down it can lower blood pressure Cares for your eyes 	Fat Tuesday Paczki Day & ZUMBA® 	Following Lunch 	Alexander Graham Bell patents the telephone in 1876	President Ronald Regan calls the USSR an "Evil empire"
Johnny Appleseed Day 	ZUMBA®	Following Lunch 	Popcorn Day 	10:30am Oak street Health Blood Pressure checks
St. Patricks Day pizza party 	Congress approves Daylight Savings time in 1918 	Following Lunch 	Ice Cream Social \$1 	National goof-off day 
International Waffle day 	1pm - Join us for a casual conversation and learn about CBD oil with Prime My Body affiliates Cathy & Laurie 	Following Lunch 	Three Mile Island nuclear power plant accident occurs in Middletown PA in 1979	Coca Cola was invented on this day in 1886 

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS

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