



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>01. CLOSED</b>	02. BBQ Ribs Baked Potato Corn Coleslaw Apple pie	03. 03. Chopped Steak & gravy Mashed Potatoes Cauliflower & Red peppers Wheat bread	04. Citrus Alaska Pollock Vegetable rice Pilaf Bean and Tomato Medley Dinner Roll Mixed Salad Greens
				
07. Hot Roast Beef Mashed potatoes w/gravy Vegetables Wheat Bread Fresh Melon	08. Stuffed green beans Garden Salad Bread	09.. Turkey Divan Vegetable Rice Pilaf Broccoli, Fruit Biscuit Oatmeal cookie Oatmeal Raisin cookie	10. . <b>Breakfast</b> <b>Western Strata Bake</b> <b>Hash Browed Potatoes</b> <b>Glazed Pears</b> <b>Raisin Bread</b> <b>Cranberry Juice</b>	11.. Chicken Breast Parmesan Penne Pasta/ Marinara Squash Medley French Bread Chilled Peaches
14.. Sliced Bavarian Style Bratwurst Diced Parslied Potatoes Carrots Rye Bread, Fresh melon	15. Grecian Chicken Vesuvio potatoes Greek Pasta Salad	16.Texas Chili Mac & Cheese Country Blend Vegetable Corn Bread Fruit Cocktail	<b>17. Cheese Burger</b> <b>Hamburger Bun</b> <b>Cheese Soup</b> <b>Tossed Salad, Diced melon</b> <b>Coleslaw</b>	18. Potato Crusted Fish Filet Baked Potato Blend vegetables
<b>21. CLOSED</b>	22.. Turkey Tetrzzini Noodles, Broccoli 3 bean Salad Bread	23. Spaghetti & meatball Marinara Vegetables Garlic Bread Chilled Peaches	24. Veal Marsala Scalloped Potatoes Stewed Tomatoes Dinner Roll 24 Chilled Pear	25.Cheese Ravioli alfredo Zucchini W/ red Peppers & Italian Green Beans Multigrain dinner roll Fruit Cup Cookie
				
28. Meatloaf w/ gravy Cauliflower Mashed Potatoes Peas & onions Whole Wheat Roll Pineapple	29. Sloppy Joe Potato chips Carrot & celery Sticks Pears Wheat Bun	30. BBQ Chicken Thigh Oven Fries Green Beans & onions Wheat Bread Fruit Jello	<i>Broccoli Quiche</i> <i>Dinner Roll</i> <i>Vegetable Gumbo</i> <i>Tossed Salad</i> <i>Boiled eggs, fruit yogurt</i> <i>Oranges</i>	

Menu subject to change due to availability of items. Funds in whole or in part for this publication were provided through an award from Age Option under title 111 of the Older Americans Act as administered through the Illinois Department on Aging and federal administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have discriminated against, you have the right to file a complaint. For information dial [1-800-252-8965](tel:1-800-252-8965) (Voice and TD)