

Schaumburg Senior Café
The Barn
231 Civic Drive
Schaumburg, 60193

Days: *Mondays-Fridays*
Times: *10:00am-2:00pm*
Phone: *847/524-7496*



**Community Nutrition Network
& Senior Services Association**



January 2019 Cafe
CNN Program Assistant: Amy Thorsen

Monday	Tuesday	Wednesday	Thursday	Friday
	1. CLOSED	2. New Year's Celebration Variety of Pizza, Salad, Fruit, Sparkling Grape Juice, and Special Dessert \$4.00	3. Tuna Salad Sandwich Wheat French Roll Cream of Broccoli Tossed Salad, Boiled eggs Mandarin Oranges	4. Citrus Alaskan Pollock Vegetable Rice Pilaf Bean and Tomato Medley Dinner Roll Mixed Salad Greens
7. Hot Roast Beef Mashed Potatoes w/Gravy Vegetables Wheat Bread Fresh Orange	8. Stuffed Green Peppers Green Beans Garden Salad Bread	9. Turkey Divan Vegetable Rice Pilaf Broccoli, Fruit, Biscuit Oatmeal Raisin Cookie	10. Turkey Trio & Cheese Sub, Split Pea Soup, Tossed Salad, Boiled Eggs, Banana, Cottage Cheese Pasta Salad	11. Chicken Breast Parmesan Penne Pasta/ Marinara Squash Medley French Bread Chilled Peaches
14. Sliced Bavarian Style Bratwurst Diced Parslied Potatoes Carrots Rye Bread, Fresh Melon	15. Grecian Chicken Vesuvio Potatoes Greek Pasta Salad Bread	16. Texas Chili Mac & Cheese Country Blend Vegetable Corn Bread Fruit Cocktail	17. Cheeseburger Hamburger Bun Cheese Soup Tossed Salad, Diced Melon Coleslaw	18. Potato Crusted Fish Filet Baked Potato Blend Vegetables Wheat Bread Lemon Mandarin Pudding
21. CLOSED In Observance of Martin Luther King Jr. Day	22. Turkey Tetrizzini Noodles, Broccoli 3 Bean Salad Bread	23. Spaghetti & Meatball Marinara Vegetables Garlic Bread Chilled Peaches	24. Chicken Tender Poor Boy w/Herb Aioli, Wheat French Roll, Tomato Florentine Tossed Salad Cottage Cheese, Mandarin Oranges Pea Salad	25. Pizza Party Special Bingo Salad, Fruit, Drink \$4.00
28. Meatloaf w/Gravy Cauliflower Mashed Potatoes Peas & Onions Whole Wheat Roll Pineapple	29. Sloppy Joe Potato Chips Carrot & Celery Sticks Pears Bun	30. BBQ Chicken Thigh Oven Fries Green Beans & Onions Wheat Bread Fruit Jello	31. Broccoli Quiche, Dinner Roll, Vegetable Gumbo, Tossed Salad, Boiled Eggs, Fruit, Yogurt Oranges	

Menu subject to change due to availability of items. Funds in whole or in part for this publication were provided through an award from Age Option under title 111 of the Older Americans Act as administered through the Illinois Department on Aging and federal administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have discriminated against, you have the right to file a complaint. For information dial [1-800-252-8965](tel:1-800-252-8965) (Voice and TD)