Community Nutrition Network & Senior Services Association

PHOENIX Community CAFÉ 650 E Phoenix Center Drive		1onday Through Friday, 8:00am t	o 2:00pm	Café Manager: Elizabeth Davalos (708) 331-2408
Phoenix,IL 60426		tember		r.:
Monday	Tuesday	Wednesday	Thursday	Friday
Lunch \$3.00	For your Safty, If you cannot eat all of your meal or if you are not ready to eat	1 Ham & Cheese Croissant,lettuce &	2 Deli Turkey Breast,Kaiser Bun,Pickle,	3 Polish Sausage,Parsley Potatoes,
M-TH	your meal, REFRIGERATE IT RIGHT	-		Sauerkraut, Chocolate Pudding,
9:30am-1:00pm	AWAY! Do not leave it sitting out.	Chips	Chips, pears	Bread & Butter
Friday	Please be safe.Each meal served with			
9:30am-12:00pm	Fat free OR low fat Milk			
Нарру	7 Beef and Cheddar Sandwich,Broccoli	8 Chicken Permesan,Pasta,Cauliflower	9 Italian Sub(Ham & Salami),Lettuce &	10 Chili Mac, Baby Carrots,Salad,
	Soup,Macaroni Salad,Peaches,Mayo	Garden Salad,Bread & Butter	Onion, Minestrone Soup, Peaches, Chips	Fresh Fruit,Corn Muffin
LABOR DAY	Mustard	Garden Salad, Diead & Dutter	omon, Minestrone Soup, reaches, cimps	
WE ARE CLOSED				
13	14	15	16	17
French Toast,Turkey Sausage,Oven	Tuna Salad Criossant,Lettuce,Tomato	Sloppy Joe, Mac & Cheese,Peas,	Roast Beef,Lettuce,Tomato,Potato	Turkey Breast,Stuffing,Cauliflower,
Brown Potatoes,Peaches,Syrup,	Pickle,Vegetable Soup,Fruit Cocktail	Fresh Fruit Wheat Bun	Soup,Mandarin Oranges & Bun	Cranberry Sauce,Rye Bread &
Butter	Chips			Butter
20	21	22	23	24
Neatloaf,Whipped Potatoes	Turkey Breast Croissant,Lettuce,	BBQ Beef Sandwich,Mac & Cheese,	Ham & Cheese ,Kaiser Bun,Lettuce &	Baked Tilapia,Wild Rice Pilaf,Mixed
W/ Gravy,Corn,3 Bean Salad,	Tomato,Cream Of Broccoli Soup,	Cole Slaw, Fruit & Bun	Tomato,Vegetable Soup,Chips	Vegetables,Pears,Bread & Butter
Bread & Butter	Peaches & Chips			
27	28	29		
Pulled Pork,Potato Salad,Cole	Chicken Salad on Bun,Lettuce,Tomato	Stuffed Shells, Meatballs,	Ham Salad on Croissant, Macaroni	
Slaw,Vanilla Pudding,Kasier Bun	Pickle, Minestrone Soup, Chips Fruit Cocktail	Garden Vegetables, Garden Salad, Dressing, Italian Bread & Butter	Salad, Potato Soup, Jell-O	

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290







