

Community Nutrition Network & Senior Services Association

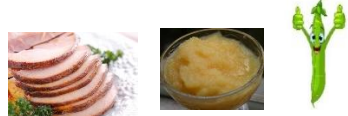

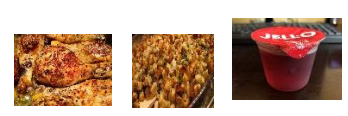

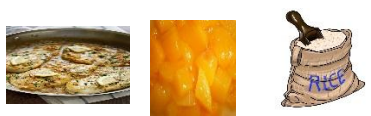









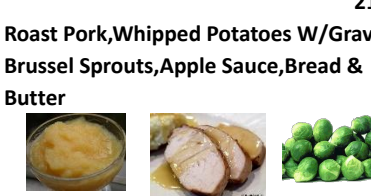


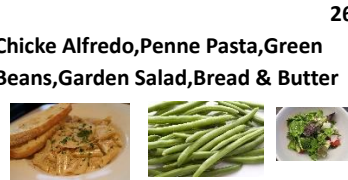
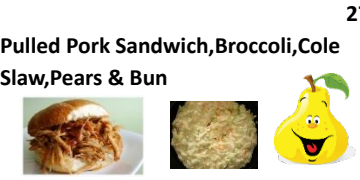



Hours: Monday Through Friday, 8:00am to 2:00pm

PHOENIX
Home Delivered

650 E Phoenix Center Drive
Phoenix, IL 60426

Café Manager: Elizabeth Davalos
(708) 331-2408



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Baked Ham, Green Beans, Potato Yams, Apple Sauce, Bread & Butter</p> 	<p>4</p> <p>Italian Sub, Lettuce/Onion/Pickle, Minestrone Soup, & Mixed Fruit</p> 	<p>5</p> <p>Baked Chicken, Stuffing, Garden Vegetable, Jell-O, Bread & Butter</p> 	<p>6</p> <p>Turkey Sandwich, Lettuce, Tomato, Pears, & Potato Soup</p> 	<p>7</p> <p>Lemon Chicken, Rice Pilaf, Garden Vegetables, Peaches, Bread & Butter</p> 
<p>10</p> <p>Roast Beef, Whipped Potatoes W/ Gravy, Green Beans, Chocolate Pudding, Bread & Butter</p> 	<p>11</p> <p>Beef & Cheddar Sandwich, Broccoli Soup, Macaroni Salad, Peaches, Mayo Mustard</p> 	<p>12</p> <p>Chinese Pepper Steak, White Rice, Garden Salad, Mandarin Oranges, Bread & Butter</p> 	<p>13</p> <p>Cheese Ravioli, Meatballs, Green Beans, Jell-O, Bread & Butter</p> 	<p>14</p> <p>Sloppy Joe, Mac & Cheese, Peas, Pears, Wheat Bun</p> 
<p>In Honor of MLK Day We Are Closed</p> 	<p>18</p> <p>Tuna Salad, Lettuce & Tomato, Pickle, Vegetable Soup, & Fruit Cocktail</p> 	<p>19</p> <p>Sirloin of Beef W/ Au Jus, Au Gratin Potato, Mixed Vegetables, Multi Grain Roll & Peaches</p> 	<p>20</p> <p>Stuffed Green Peppers, Green Beans, Mixed Fruit, Bread & Butter</p> 	<p>21</p> <p>Roast Pork, Whipped Potatoes W/ Gravy Brussel Sprouts, Apple Sauce, Bread & Butter</p> 
<p>24</p> <p>Turkey Tetrazzini W/ Noodles, Mixed Vegetables, Peaches, Bread & Butter</p> 	<p>25</p> <p>Beef & Cheddar Sandwich, Lettuce/ Tomato, Macaroni Salad, Cream of Chicken Soup</p> 	<p>26</p> <p>Chickpea Alfredo, Penne Pasta, Green Beans, Garden Salad, Bread & Butter</p> 	<p>27</p> <p>Pulled Pork Sandwich, Broccoli, Cole Slaw, Pears & Bun</p> 	<p>28</p> <p>Italian Sausage W/ Peppers, Parsley Potatoes, Mixed Vegetables, Beet Salad, Bread & Butter</p> 
<p>31</p> <p>Turkey Breast, Stuffing, Cauliflower, Cranberry Sauce, Bread & Butter</p> 				<p>For your Safety, If you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with Fat free OR low fat Milk</p> 

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans Act as administered by the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290

Donation \$3.00