

Community Nutrition Network & Senior Services Association


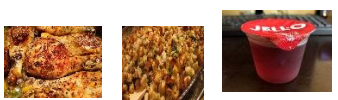

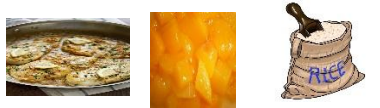


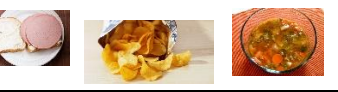





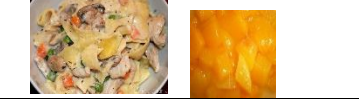

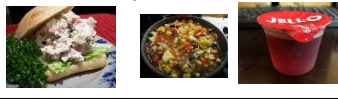



Dolton Community Café

14801 Lincoln Ave
Dolton, IL 60419

Hours: Monday,Wednesday,Thursday, Friday, 10:00am to 2:00pm

Café Manager: Huberta Allen-Dixon
(708) 310-4442



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Baked Ham,Green Beans,Potato Yams, Apple Sauce, Bread & Butter</p> 	<p>4</p> <p>CLOSED</p>	<p>5</p> <p>Baked Chicken,Stuffing,Garden Vegetable,Jell-O,Bread & Butter</p> 	<p>6</p> <p>Turkey Sandwich,Lettuce,Tomato, Pears, & Potato Soup</p> 	<p>7</p> <p>Lemon Chicken,Rice Pilaf,Garden Vegetables,Peaches,Bread & Butter</p> 
<p>10</p> <p>Roast Beef,Whipped Potatoes W/ Gravy,Green Beans,Chocolate Pudding,Bread & Butter</p> 	<p>11</p> <p>CLOSED</p>	<p>12</p> <p>Chinese Pepper Steak,White Rice, Garden Salad,Mandarin Oranges, Bread & Butter</p> 	<p>13</p> <p>Bologna and Cheese Sandwich,Chips, Vegetable Soup & Mixed Fruit</p> 	<p>14</p> <p>Sloppy Joe,Mac & Cheese,Peas,Pears, Wheat Bun</p> 
<p>0</p> <p>In Honor of MLK Day We Are Closed</p> 	<p>18</p> <p>CLOSED</p>	<p>19</p> <p>Cheese Perogies,Polish Sausage, Sauerkraut,Apple Sauce,Rye Bread & Butter</p> 	<p>20</p> <p>Ham Sandwich,Lettuce,Tomato,Pickle, Clam Chowder Soup & Pears</p> 	<p>21</p> <p>Roast Pork,Whipped Potatoes W/Gravy Brussel Sprouts,Apple Sauce,Bread & Butter</p> 
<p>24</p> <p>Turkey Tettrazzini W/Noddles,Mixed Vegetables,Peaches, Bread & Butter</p> 	<p>25</p> <p>CLOSED</p>	<p>26</p> <p>Chicke Alfredo,Penne Pasta,Green Beans,Garden Salad,Bread & Butter</p> 	<p>27</p> <p>Chicken Salad,Lettuce,Tomato,Jell-O, Minestrone Soup & Bun</p> 	<p>28</p> <p>Italian Sausage W/ Peppers,Parsley Potatoes,Mixed Vegetables,Beet Salad,Bread & Butter</p> 
<p>31</p> <p>Turkey Breast, Stuffing,Cauliflower, Cranbarry Sauce,Bread & Butter</p> 				<p>For your Safty,If you cannot eat all of your meal or if you are not ready to eat your meal,REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe.Each meal served with Fat free OR low fat Milk</p> 

MENU SUBJECT TO CHANGE DUE TO AVAILIBTY OF ITEMS

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as adn Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290

Donation \$3.00