

# Community Nutrition Network & Senior Services Association

**PHOENIX**  
Home Delivered

650 E Phoenix Center Drive  
Phoenix, IL 60426

Hours: Monday Through Friday, 8:00am to 2:00pm

Café Manager: Elizabeth Davalos  
(708) 331-2408



| Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|---|--|---|---|
| <p><b>Happy St. Patrick's Day</b></p>  | <p>1<br/>Chili Dog-Hot Dog Topped W/Chili Con Carne,Baked Beans,Potato Salad, Wheat Bun &amp; Pineapples</p>            | <p>2<br/>Grilled Turkey Burger, OR BREADED FISH,Cheesy Potatoes, Corn &amp; Applesauce</p>             | <p>3<br/>Chicken Ala King,Mixed Vegetables, Mashed Potato,Corn Bread,Graham Cracker</p>           | <p>4<br/>Stuffed Cabbage Roll OR Lemon Pepper White FISH,Scalloped Potatoes,Green Beans,Wheat Roll. Peaches</p>   |
| <p>7<br/>Chicken Corn Chowder Casserole Rotini Pasta,Mixed Vegetables,Wheat Roll,Cole Slaw &amp; Pears</p> | <p>8<br/>Maxwell Street Smoked Polish,Baked Beans,Potato Salad,Fruit Cocktail,Bun &amp; Mustard</p>                     | <p>9<br/>Bone-In Lemon Chicken,Rice,mixed Vegetables,Three Bran Salad, Roll Pineapples</p>             | <p>10<br/>Pork Cutlet W/Country Gravy,Carrots, Potato Wedge,Biscuit,Apple, Whole Grain Miffin</p> | <p>11<br/>Italian Sausage W/Red Sauce, OR Baked TILAPIA W/Butter,Pasta,Green Beans, Roll &amp; Pineapples</p>   |
| <p>14<br/>Meatballs W/Vodka Sauce,Pasta, Peas,Fruit Juice,Whole Grain Bread &amp; Apple Sauce</p>          | <p>15<br/>Ham W/Oragne Ginger Sauce,Mashed Potatoes,Carrots,Roll,Tropical Fruit Salad,Graham Cracker</p>                | <p>16<br/>Chicken &amp; Sausage Casserole,Rice,Green Beans,Cajun Cole Slaw,Cornbread &amp; Oranges</p> | <p>17<br/>Beef Taco Meat,Mexican Beans,Fiesra Rice,Corn Salad,Flour Tortilla,Pears</p>            | <p>18<br/>Chicken Caccitori, OR Creole WhiteFISH Mixed Vegetables,Potato Wedge,Roll, Fruit Cocktail</p>   |
| <p>21<br/>Turkey Pot Roast,Mashed Potato, Stew Vegetables,Sour Dough Roll Peaches &amp; Cookie</p>         | <p>22<br/>German Style Roast Pork W/German Mushroom Gravy,Potato Pancake,Dill Carrots,Biscuit &amp; Cinnamon Apples</p> | <p>23<br/>Bone-In Chicken W/Pesto Sauce,Rice Italian Green Beans,Wheat Roll Pineapple</p>              | <p>24<br/>Meatball Vesuvio,Vesuvio Potato,Peas Pears,Roll,Oatmeal Bar</p>                         | <p>25<br/>Chichen Divan,OR Mediterranean WHITE FISH W/Lemon Sauce,Rice,Mixed Veggies Juice,roll,Fruit Salad</p>   |
| <p>28<br/>Oriental Chicken,Mixed Vegetables, Asian Rice,Asian Cole Slaw,Wheat Roll &amp; Pineapples</p>    | <p>29<br/>Meatball W/Mushroom Sauce,Mashed Potato,Mixed Veggies,Muffin,Roll Tropical Fruit Salad</p>                    | <p>30<br/>Sloppy Joes,Red Potatoes,Baked Beans Apples</p>  | <p>31<br/>Chicken Parmesan &amp; Red Sauce,Penne Pasta,Carrots,Italian Bread,Oranges</p>          | <p>For your Safty,If you cannot eat all of your meal or if you are not ready to eat your meal,REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe.Each meal served with Fat free OR low fat Milk</p> |

## MENU SUBJECT TO CHANGE DUE TO AVAILIBTY OF ITEMS

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered by the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290

**Donation \$3.00**