

Community Nutrition Network & Senior Services Association


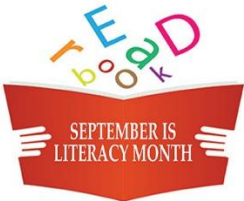





















Hours: Monday Through Friday, 8:00am to 2:00pm

PHOENIX
Home Delivered

650 E Phoenix Center Drive
Phoenix, IL 60426



Café Manager: Elizabeth Davalos
(708) 331-2408

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For Your Safty,If you can not eat all of your meal or if you are not ready to eat your meal,REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe.Each meal served with fat free OR low fat milk</p> 			<p>Pork Choplet W/Country Gravy OR Baked Tilapia W Butter Sauce,Augratin Potato,Carrots,Applsauce,Wheat Bread Cookie</p> 	<p>Stuffed Cabbage Rolls,Mashed Potato Green Beans,Multigrain Roll,Fruit Salad,Oatmeal bar</p> 
<p>HAPPY LABOR DAY WE'RE CLOSED</p>	<p>6 Vesuvio Meatballs,Wild Rice,Peas, Muffin,Tropical Fruit Salad,Pears</p> 	<p>7 Roast Pork W/Gravy,Mashed Potato, Peas & Carrots,Sourdough Roll. Pears & Cookie</p> 	<p>8 Sothern Chicken W/Country Gravy, Rotini Pasta,Corn,Corn Bread,Bean Salad Pineapple</p> 	<p>9 Roast Turkey,OR Lemon Pepper White Fish,Stuffing,Mashed Potato,Mixed Veggies,Fruit Cocktail & Roll</p> 
<p>12 Beef Tacos,Spanish Rice,Corn, Peaches & Black Bean Salad</p> 	<p>13 BBQ Pulled Pork,OR Citrus White Fish Sweet Potato Puffs,Peas, Bun, & Sliced Apples</p> 	<p>14 Italian Sausage W/Red Sauce,Spaghet Marinara Sauce,Green Beans.Bun Pear</p> 	<p>15 Sweet Sour Meatballs,Rice,Carrots, Coleslaw,Wheat Roll,Pineapple</p> 	<p>16 Bone-In Grecian Chicken/Lemon/Herbs Mixed Veggies,Diced Potatoes,Wheat Bread,Apples,Granola Bar</p> 
<p>19 Turkey Tetrzzini,Noodles,Mixed Veggies,Bean Salad,Tropical Fruit,Roll</p> 	<p>20 Stroganoff Meatball,Pasta W/Sauce, Carrots,French Bread,Peaches</p> 	<p>21 Smoked Ham Steak W/Pineapples Sau Scaloped Potatoes,Corn,Muffin,Pears</p> 	<p>22 Pesto Chicken W/Pesto Sauce,Succotas Rice Pilaf,Kidney Bean Salad,Roll, Juice</p> 	<p>23 Sloppy Joes,OR White Fish W/Dill Sauce Cheesy Mashed Potato,Green Beans Bun,Pineapples</p> 
<p>26 Bratwurst,Diced Potatoes,Corn, Fruit Cocktail,Mutard & Bun</p> 	<p>27 Hot Dog,Tater Tots,Baked Beans, Tropical Friut Salad.Bun, Ketchup & Mustard</p> 	<p>28 Grilled Turkey Burger,Mixed Veggies, O'Brien Potatoes,Fruit Apples Sauce, Bun, Ketchup & Mustard</p> 	<p>29 Swedish Meatballs,Or White Fish W/Di Sauce,Noodles,Green Beans,Coleslaw, Multi grain Roll</p> 	<p>30 Bone-In Southwestern Chicken W/ Peppers & Onions,Refried Beans, Spanish Rice,Corn Salad,Flour Tortilla, Pears</p> 

MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290