


SEPTEMBER 2023

Brookfield Colgrass Community Café
 9022 31st Street
 Brookfield, IL 60513
 708-310-4434 ext 4

Hours: Monday Through Friday, 11:00am to 2:00pm

Café Manager: **Tanya Harrison**
 Suggested donation: **\$3.00**

Café Dine-in & Frozen Meals Pick-up











Monday	Tuesday	Wednesday	Thursday	Friday
If you cannot eat your meal or if you are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY! Please don't leave food sitting out! BE SAFE! Milk served with each meal				1 Turkey Pasta Salad w/Shells Lettuce & Tomato Tri-Bean Salad Whole Wheat Bread Pineapple Tidbits
	4 National Cheese Pizza Day! Cheese Pizza Salad w/Ranch Dressing Pasta Salad Apple Dump Cake	5 BBQ Pulled Chicken Sandwich Cheesy Mashed Potato Broccoli Chilled Pears Whole Wheat Bun	6 Julienne Turkey Salad w/Cranberry Vinaigrette Mediterranean Soup Garbanzo & Kidney Bean Salad Cottage Cheese, Fruit Cup	7 Chicken Marbella Rice Florentine Country Blend Vegetables Whole Wheat Bread Orange
11 Kielbasa Dilled Baby Red Potatoes Bean Casserole Rye Bread Fruit Cup	12 Chicken Garden Rotini Salad Split Pea Soup Tossed Garden Salad Beet Salad Cottage Cheese, Pineapples	13 Souffle Lorraine Potatoes O'Brien Blueberry Muffin Brad Fruit Cup Whole Orange	14 National Cream Filled Donut Day! Tuna Salad w/ French Roll Soup Du Jour, Pea Salad Tossed Garden Salad Cottage Cheese, Peaches	15 Potato Crusted Fish Au Gratin Potatoes Coleslaw Whole Wheat Bread Hot Applesauce
18 Meatball Marinara Sub Potatoes Italiano Italian Green Beans Wheat French Roll Whole Orange	19 Sloppy Joe on Wheat Bun Cream of Mushroom Soup Tossed Garden Salad Potato Salad Cottage Cheese, Mixed Fruit	20 Roasted Turkey Breast Sandwich w/Wisconsin Cheddar Lettuce & Tomato Pea Salad Pineapple Tidbits	21 Spinach & Bacon Quiche Fire Roasted Tomato Soup Tossed Garden Salad Beet Salad, Wheat Dinner Roll Cottage Cheese, Banana	22 September Birthday Celebration Veal Parmesan Pasta w/Marinara, Broccoli Wheat Bread, Fresh Melon
25 Chicken A L'Orange Vegetable Pilaf Rice Bean Salad Wheat Cranberry Bread Hot Peach Crumble	26 French Dip of Beef w/Mushrooms & Onions Oven Fries Corn, Wheat French Roll Fresh Melon	27 National Chocolate Milk Day! Classic Lasagna w/Meat Sauce Squash Medley, Green Beans Whole Wheat Bread Chilled Pears	28 Roast Beef w/Beer Cheese Lumberjack Soup Tossed Garden Salad Dilled Cucumbers Cottage Cheese, Apple Crisp	29 Hot Dog Twice Baked Potato Casserole Peas & Carrots Whole Wheat Bun Banana

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 or contact the Director of Personnel at (312)207-5290.

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Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>JUKEBOX FRIDAY 11:30-1 Come enjoy lunch and listen to your favorite tunes straight from the jukebox!!</p>
<p>4</p> 	<p>5</p> <p>National Cheese Pizza Day!</p>  	<p>6</p>	<p>7</p> 	<p>8</p> <p>JUKEBOX FRIDAY 11:30-1 Come enjoy lunch and listen to your favorite tunes straight from the jukebox!!</p>
<p>11</p>  <p>Starts @ 12:15 p.m.</p>	<p>12</p> 	<p>13</p>	<p>14</p> <p>National Cream Filled Donut Day!</p> 	<p>15</p> <p>JUKEBOX FRIDAY 11:30-1 Come enjoy lunch and listen to your favorite tunes straight from the jukebox!!</p>
<p>18</p>	<p>19</p> 	<p>20</p>	<p>21</p> 	<p>22</p> <p>Birthday Celebrations! Join us in celebrating September birthdays!!</p> 
<p>25</p>  <p>Starts @ 12:15 p.m.</p>	<p>26</p> <p>Stress relief coloring 12:30-2</p> 	<p>27</p> <p>National Chocolate Milk Day!</p> 	<p>28</p> 	<p>29</p> <p>JUKEBOX FRIDAY 11:30-1 Come enjoy lunch and listen to your favorite tunes straight from the jukebox!!</p>

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS

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