

Franklin Park Café
10040 Addison St
Franklin Park IL 60131

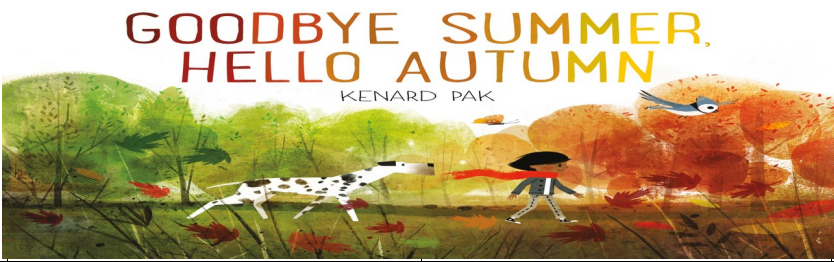

Days: Mondays-Fridays
Times: 7:30am-2:00pm
Phone: 847-678-8777



**Community Nutrition Network
& Senior Services Association**



CNN Café Manager: Lupe Borjon

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|
| For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with milk | Suggested Donation \$3.00 |  | | 01. Turkey Pasta W/shell Rigate Lettuce and tomato Tri-Bean salad Whole wheat bread Pineapple |
| 04.  | 05. Italian sausage marina Sub Sandwich Bean Soup Tossed garden salad Cottage Cheese Diced melon Carrot raising Salad | 06. BBQ Pulled Chicken Cheesy Mashed potato Broccoli Wheat Sandwich Bun Chilled Pears | 07. PARTY Orange chicken Fried Rice Egg roll Fruit | 08. Chicken Marbella Rice vegetables Whole Wheat bread Orange |
| 11. Kielbasa Baby red potatoes Bean Casserole Rye Bread Fruit Cup | 12. Chicken w/Garden rotini pasta salad Split Pea soup Tossed Garden salad Cottage cheese Pineapple, Beat salad | 13. Souffle Lorraine Potatoes O'Brien Fruit cup Blueberry muffin bread Whole Orange | 14. Tuna Salad Wheat French Roll Soup Du Jour Tossed garden salad Cottage cheese, peaches | 15. Potato Crusted Fish filet Au grain potatoes Cole Slaw Whole wheat bread Hot apple sauce |
| 18. Meat ball marinara Sub sandwich Potatoes Green beans Wheat French roll Whole orange | 19 Sloppy Joe Wheat sandwich Bun Cream of Mushroom soup Tossed garden salad Cottage Cheese, Mixed fruit Potato salad | 20. Roasted Turkey breast/Wisconsin cheddar Wheat bread Lettuce and tomato Pea salad Pineapple | 21. Quiche (Spinach and Bacon) Wheat Dinner roll Fire Roasted tomato soup Tossed garden salad Cottage cheese Banana, Beet salad | 22. Veal Parmesan Penne pasta Marinara sauce Broccoli Wheat bread Fresh melon |
| 25. Chicken ala orange Rice Bean salad Wheat cranberry bread Hot peach crumble | 26. Corn Dusted Flounder Lemon herb Wheat dinner roll Broccoli cheddar soup Tossed garden salad Cottage cheese, diced melon coleslaw | 27. Classic lasagna Squash Green Beans Whole wheat bread Chilled pears | 28. Roasted beef w/Beer cheese Fondue Wheat sandwich Bun Lumberjack soup Tossed garden salad Cottage cheese Apple crisp | 29. Restaurant Day Spaghetti and meatballs Salad Garlic bread |

Funds in whole or in part for this publication were provided through an award from Age Option under title 111 of the older Americans Act as administered through the Illinois Department on Aging and federal administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination Act the age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have discriminated against, you have the right to file a complaint. For information dial [1-800-252-8965](tel:1-800-252-8965) (Voice and TD

Menu subject to change due to availability of items. Funding in part is provided by Age Options.



2023

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Monday**Tuesday****Wednesday****Thursday****Friday**

New to the Café?
Your First 3 Lunches
are FREE!!!

1

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BINGO

BINGO

4

5 Regular Bingo @10am
Bigocize @12

6

7.

8.



BINGO



BINGO

11.

12. Frozen Yogurt Social
Sponsored by Oak Street Health

13.

14 @Noon

15

BINGO



BINGO



BINGO

18

19 Regular Bingo @10am
Bigocize @12

20

21@ Noon

22

BINGO



BINGO

25

26.

27.

BINGO

28.

29. Restaurant Day
and

BINGO



BINGO



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