

Schaumburg CNN Senior
Café @ The Barn
231 S. Civic Drive
Schaumburg, 60193

Days: Mondays-Fridays
Times: 10:00am-2:00pm
Phone: 847-524-7496



Community Nutrition Network **& Senior Services Association**



December 2023

CNN Café Manager: Caitlin Wilson
Senior Services Manager: Marina Lvovich

Monday	Tuesday	Wednesday	Thursday	Friday
For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with fat free or low fat milk.	**Food Orders are Placed Every Monday for the Following Week**	ToGo Meals Available Daily 12:15 AM– 1:30 PM Frozen Meals Available Monday's 12:15 AM– 1:30 PM Lunch Served at Noon Registration Begins Monday, November 20th		1. <u>Mario's Pizza \$5.00</u> Slice of Pizza (Cheese or Sausage) Garden Salad Fruit
4. <u>Café Zupa's \$5.00</u> Brisket Grilled Cheese on Italian Ciabatta Roasted Red Pepper & Lobster Soup Chocolate Dipped Cookie Fruit	5. <u>FRESH BAR</u> Chicago Style Hot Dog Wheat Hot Dog Bun Tomato Lentil, Tossed Garden Salad, Cottage Cheese, Chocolate Pudding Fresh Orange	6. Texas Chili Mac & Cheese Country Blend Vegetables Multi-Grain Bread Fruit Cocktail	7. Veal Marsala Scalloped Potatoes Stewed Tomatoes Multi-Grain Bread Chilled Pears Beet Salad	8. Baked Pollock w/ Lemon Butter Sauce Baked Potato California Blend Wheat Bread Vanilla Mandarin Pudding
11. <u>Denny's \$5.00</u> Scrambled Eggs 2 Pancakes, Hash browns, 2 Sausage Links, and 2 Bacon Strips Fruit	12. <u>FRESH BAR</u> Meatball Marinara Sub Wheat French Roll Bean Soup, Tossed Garden Salad, Cottage Cheese, Chef's Choice, Cheese Tortellini Pasta	13. Spaghetti & Meatball Marinara Broccoli Wheat Vienna Chilled Pears	14. Chicken Tenders in Country Chicken Gravy Bread Stuffing Sweet Potato Mashed Northern Bean & Tomato Medley Cran-Applesauce Pea Salad	15. Barn Closed! Holiday Party @ The Hyatt Regency Hotel \$35.00 Minestrone, Seared Chicken Breast Jus Lie & Thinly Sliced Tri-Tip w/ Mushroom Ragout Sautéed Green Beans & Yellow Bell Pepper Batons, Yukon Gold Potatoes Dessert
18. <u>Sweet Orange \$5.00</u> Patty Melt (Prime Beef, Mushrooms, Grilled Onion and American Cheese on White Bread) Salad Fruit	19. <u>FRESH BAR</u> Chicken Salad on Wheat Sandwich Bun Split Pea Soup, Tossed Garden Salad, Cottage Cheese, Sliced Peaches Carrot Raisin Salad	20. Maple Mustard Glazed Chicken Thigh Scalloped Potatoes Baked Bean Casserole Wheat Bread Fruit Jell-O	21. Baked Ham w/ Cran-Raisin Sauce Roasted Diced Potatoes Mixed Vegetables Rye Bread Dessert	22. <u>Brandy's \$5.00</u> Gyro Coleslaw Chips Fruit
25. Barn Closed! Merry Christmas! (Frozen Meals on Tuesday)	26. <u>FRESH BAR</u> Cheeseburger Wheat Hamburger Bun Tomato Soup, Tossed Garden Salad, Cottage Cheese, Sliced Pears, Pea Salad	27. Salisbury Steak Mashed Potatoes Corn Multi-Grain Dinner Roll Pineapple Tidbits	28. Hot Dog Oven Fries Bean Casserole Wheat Hot Dog Bun Banana Fresh Melon	29. <u>Alden Poplar Creek \$4.00</u> Garden Salad w/Italian Vinaigrette Champagne Chicken w/ Cran- berry Cream Sauce Roasted Garlic Mashed Potatoes, Green bean Almondine Chocolate Brownies
Menu subject to change due to availability of items. Funding in part is provided by Age Options. Suggested Donation \$3.25				



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231 Civic Drive



December 2023 - Calendar

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(847)524-7496

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Registration for ALL events begins on Monday, November 20 BINGO will be played everyday after lunch In order to participate in any Barn activities you must be signed up for lunch Visit the Barn Webpage: www.schaumburg.com/thebarn				1. Restaurant Day Lunch Wellness Clinic 10:30 –11:30 AM Market Day 1:30-3:00 PM <i>(limited supplies)</i> 	Transportation Options Senior Bus: 847.882.1929 Pace Bus: 847.352.8097
4. Restaurant Day Lunch 10 AM Tech Corner 10:30AM Under the Blanket Card Game 11:30AM 5 Pack Frozen Meals	5. Salad Bar Lunch 10:30 AM Bunco Tournament Game	6. 10-10:30 AM Zumba with Josi 10:30 AM Crochet Group	7. 10:30 AM Canvas Painting	8. Wellness Clinic 10:30 –11:30 AM Market Day 1:30-3:00 PM <i>(limited supplies)</i> 	9. Social Saturday catered from Pilot Pete's <u>Menu:</u> Beef Pot Roast and mashed potatoes, vegetable and dessert. Sponsored by the Rotary Club of Schaumburg and Hoffman Estates \$3.00 Suggested Donation
11. Restaurant Day Lunch 11:15 AM Medical Billing Advocate Presentation with special treats 11:30AM 5 Pack Frozen Meals	12. Salad Bar Lunch 10:30 AM Book Club with Renee at Nursing Building 2 -3 PM Line Dancing	13. 10 AM Yoga	14. 10:30 AM 31 Card game	15. Barn Closed Holiday Extravaganza Party 10:30 a.m. –2:00 p.m. Located at Hyatt Regency Hotel—1800 E. Golf Road, Schaumburg, IL 60173 Includes— Four Course Lunch, Live Entertainment, Special Raffles, and Bingo (Must be Registered)	
18. Restaurant Day Lunch 10 AM Tech Corner 11:30AM 5 Pack Frozen Meals Ugly Sweater Contest Party 11:30 AM Public Safety Presentation with Fire and Police Department	19. Salad Bar Lunch 10:00 AM Chair Yoga 10:30 AM Pokeno 1:45 PM Senior Advisory Council	20. 10-10:30 AM Zumba with Josi 10:30 AM Crochet Group	21. 11:00AM Balloon Volleyball Game	22. Restaurant Day Lunch Wellness Clinic 10:30 –11:30 AM Market Day 1:30-3:00 PM <i>(limited supplies)</i> 	Happy birthday Bob and Ruth 
25. Barn closed for Christmas Holiday	26. Salad Bar Lunch 10:30 AM Left, Right, Center Game	27. 10 AM Yoga	28. 10:30 AM WITS-WORKOUT Brain Health Activity Program	29. Alden Poplar Creek Christmas Luncheon \$4.00	

Funds in whole or in part for this publication were provided through an award from Age Options under Title III of the Older American Act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Humans Right Act, The U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, The Age Discrimination in Employment Act, and The U. S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8965 [Voice and TDD] or contact Williams Burns, Director of Personnel at 312-207-5290. **We serve nutritious lunches to Schaumburg Township seniors and disabled friends for a voluntary donation. Monday's and Friday's there is a suggested \$5 donation and Tuesday—Thursday \$3.25.**