Patty Strahan, Manager

United Age Guide Northeastern Illinois

Dec-23

These menus are approved for use by title IIIC Nutrition Programs. K. Leicht, RD LDN MBA

## **Website-WWW.CNNSSA.ORG**

## 815-941-1590 COMMUNITY NUTRITION NETWORK

| 019-9 <del>4</del> 1-1990   |  |  |  |  |  |   |  |
|---|--|--|--|--|--|---|--|
| Tuesday   |  | Wednesday  |  | Thursday   |  | FRIDAY  |  |
|   |  |  |  |  |  | SARATOGA TOWER  | 1  |
| ms or activities in the compliance with the<br>its Act: Section 504 of the Rehabilitation Ac<br>and the U.S. and Illinois Constitutions. If yo<br>ou have the right to file a complaint with th | t;<br>ou   | Funding in part is provided by<br>Northeastern Illinois Area on<br>Aging and United Way of<br>Grundy County  |  |  |  | Chicken Fajita Chili w/Beans & Rice,<br>Tossed Salad, Corn Bread,<br>Fruit, Dessert, Milk   |  |
| on, call 1-800-252-8966 [voice & TDD] or 07-5444.   |  |  |  |  |  | Lunch 11:00   |  |
|   | 5  | SARATOGA TOWER   | 6  | WHISTLE STOP   | 7  | SARATOGA TOWER  | 8  |
|   |  | Christmas Dinner   |  | Open for Great Plates  |  | Baked Chicken Parmesan Spaghetti,   | -  |
|   |  | Ham w/Honey Mustard Glaze  |  | 7 davs a week  |  | Tossed Salad. Green Beans.  |  |
|   |  | -  |  |  |  |   |  |
|   |  |  |  | -  |  | ,   |  |
|   |  | I 144.00 D' 4 E II   |  | business nears   |  |   |  |
|   |  | Catered by Upper Crust   | <i>J</i>   |  |  | Lunch 11:00   |  |
|   |  | Suggested Donation \$7.00  |  |  |  |   |  |
| SARATOGA TOWERS   | 12   | SARATOGA TOWER   | 13   | WHISTLE STOP   | 14   | SARATOGA TOWER  | 1:   |
| Office open 8AM-11AM  |  | Meatloaf, Mashed Potatoes  |  | Open for Great Plates  |  | Chopped Italian Sliders (includes   | -  |
| to register for or reload   |  | w/gravy, Broccoli, Tossed Salad,   |  | 7 days a week  |  | chopped meats & cheese & tossed   |  |
| Senior Dine Cards   |  | Rolls & Butter, Fruit,   |  | During their regular   |  | salad on the sliders),  |  |
| or aquire "Great Plates"  |  | Dessert, Milk  |  | business hours   |  | Cucumber Beet Salad, Potatoes,  |  |
| Coupons   |  | all de or  |  |  |  | Fruit, Dessert, Milk  |  |
|   |  | Lunch 11:00 Bingo to Follow  |  |  |  |   |  |
|   |  | Catered by Upper Crust   |  |  |  | Lunch 11:00   |  |
|   |  | Suggested Donation \$7.00  |  |  |  |   |  |
| MAZON MAZON   | 19   | SARATOGA TOWER   | 20   | Coal City  | 21   |   | 22   |
| Baked Ham, Sweet Potatoes w/  | _  | Beef Burgers w/onion, lettuce, tomato &  |  |  |  |   | _  |
| -   |  |  |  |  |  |   |  |
|   |  | Tossed Salad, Fruit, Dessert, Milk   |  | 0.00   |  |   |  |
|   |  | Lunch 11:00 Pings to Follow  | 20   | Site Closed Today  |  | Fruit, Dessert, Milk  |  |
|   |  | Cotored by Upper Crust   | 00   |  |  | L ab. 44:00   |  |
| S   |  |  |  |  |  |   |  |
|   | 26   |  | 27   |  | 28   |   | 29   |
|   | 20   |  | 21   |  | 20   |   |  |
|   |  |  |  |  |  |   |  |
|   |  | Fruit, Dessert, Milk   |  |  |  | Vegetables, Rolls & Butter,   |  |
|   |  |  |  |  |  | Fruit, Dessert, Milk  |  |
|   |  | Catered by Upper Crust   |  |  |  | Fruit, Dessert, Milk  Lunch 11:00   |  |
|   | t discriminate in admission to programs or ms or activities in the compliance with the tst Act: Section 504 of the Rehabilitation Ac and the U.S. and Illinois Constitutions. If you have the right to file a complaint with thin; call 1-800-252-8966 [voice & TDD] or 07-5444.  SARATOGA TOWERS Office open 8AM-11AM to register for or reload Senior Dine Cards or aquire "Great Plates" Coupons  MAZON | discriminate in admission to programs or activities in the compliance with the stat Act: Section 504 of the Rehabilitation Act; and the U.S. and Illinois Constitutions. If you on have the right to file a complaint with the incall 1-800-252-8966 [voice & TDD] or 07-5444.     SARATOGA TOWERS | Tuesday  Wednesday  It discriminate in admission to programs or ms or activities in the compliance with the test Act: Section 504 of the Rehabilitation Act; and the U.S. and Illinois Constitutions. If you have the right to file a complaint with the m; call 1-800-252-8966 [voice & TDD] or 07-5444.    5   SARATOGA TOWER   Christmas Dinner   Ham w/Honey Mustard Glaze   Scalloped Potatoes, Peas & Carrots, Cornbread Pudding, Dessert, Milk   Lunch 11:00 Bingo to Follow   Catered by Upper Crust   Suggested Donation \$7.00   SARATOGA TOWER     1   SARATOGA TOWERS   12   Office open 8AM-11AM   to register for or reload   Senior Dine Cards   or aquire "Great Plates"   Coupons   SARATOGA TOWER   Lunch 11:00 Bingo to Follow   Catered by Upper Crust   Suggested Donation \$7.00   SARATOGA TOWER     8   MAZON   19   SARATOGA TOWER   Lunch 11:00 Bingo to Follow   Catered by Upper Crust   Suggested Donation \$7.00   SARATOGA TOWER     8   MAZON   19   SARATOGA TOWER   Beef Burgers w/onion, lettuce, tomato & Cheese, Lyonnais Potatoes, Corn, Tossed Salad, Fruit, Dessert, Milk   Lunch 11:00 Bingo to Follow   Catered by Upper Crust   Suggested Donation \$7.00   SARATOGA TOWER   Chicken a La King, Biscuit, Mixed Vegetables, Tossed Salad,   Mixed Vegetables, Tossed Salad | Tuesday    Control   Contr | Tuesday  Wednesday  Thursday  It discriminate in admission to programs or most or activities in the compliance with the task act section 504 of the Rehabilitation Act; and the U.S. and Illinois Constitutions. If you on have the right to file a complaint with the most part of the compliant with the most part of the complaint with the most part of the m | Tuesday  Wednesday  Thursday  It discriminate in admission to programs or ms or activities in the compliance with the tack : Section 50d of the Rehabilitation Act; and the U.S. and Illinois Constitutions. If you have the right to file a complaint with the m; call 1:800-252-8966 [voice & TDD] or 07-5444.  S SARATOGA TOWER  Christmas Dinner  Ham w/Honey Mustard Glaze Scalloped Potatoes, Peas & Carrots, Cornbread Pudding, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00  S SARATOGA TOWER  Office open 8AM-11AM to register for or reload Senior Dine Cards or aquire "Great Plates" Coupons  Again and United Way of Grundy County  Open for Great Plates 7 days a week During their regular business hours  WHISTLE STOP 14  Open for Great Plates 7 days a week During their regular business hours  WHISTLE STOP 14  Open for Great Plates 7 days a week During their regular business hours  Unch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00  S MAZON  Baked Ham, Sweet Potatoes w/ Marshmallows, Green Bean Casserole, Rolls & Butter, Pistachio Salad, Apple Pie, Milk Euchre at 10:30 Lunch 12:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00  S SARATOGA TOWER  Cheese, Lyonnais Potatoes, Com, Tossed Salad, Fruit, Dessert, Milk Site Closed Today  Cheese, Lyonnais Potatoes, Com, Tossed Salad, Fruit, Dessert, Milk Site Closed Today  Chicken a La King, Biscuit, Mixed Vegetables, Tossed Salad, Mixed Vegetables, Tossed Salad, | Tuesday  Wednesday  Thursday  FRIDAY  SARATOGA TOWER  Cricken Star Group on activities in the compliance with the start. Section 504 of the Rehabilitation Act; and the U.S. and Illinois Constitutions. If you an have the right to file a compliant with the right to file and right and rig |

Saratoga Towers Café serves meals daily at 11:30, open to public 60+ For your safety if you cannot eat all of your meal Refrigerate it right away! Be safe! Please call 815-941-1590 to make or change a reservation. When you leave a message be assured we will follow through. Menu Subject to change due to availability of items. Thank You