

Beecher Center/Meals on  
Wheels  
908 Game Farm Road  
Yorkville, IL. 60560

Days: *Mondays-Fridays*  
Times: *7:00am-1:00pm*  
Phone: *630-553-2316*



**Community Nutrition Network  
& Senior Services Association**



**December 2023**

*Nutrition Director/Louise Maritato*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For your safety, if you cannot finish your meal, or you're not ready to eat your meal at delivery time, refrigerate Immediate Suggested Donation \$3.75</p>	<p><i>Remove meal from the freezer or refrigerator Punch a few holes in the clear cover with a fork. Leave the cover on the food. Set microwave to defrost for 2-4 minutes, then full power for 3-5 minutes. If it has been refrigerated, it will not take as long</i></p>			<p>1 Chicken Breast Parmesan, Penne Pasta Marinara, Squash Medley, Wheat Vienna, Chilled Peaches, Milk</p>
<p>4 Sliced Bavarian Style Bratwurst, Diced Parsley Potatoes, Carrots, Rye Bread, Fresh Melon, Milk</p>	<p>5 Chicken Chardonnay, Mashed Potatoes, Broccoli, Multi Grain Bread, Fresh Orange, Chocolate Pudding, Milk</p>	<p>6 Texas Chili, Mac &amp; Cheese, Country Blend Vegetables, Multi Grain Bread, Fruit Cup, Milk</p>	<p>7 Veal Marsala, Scalloped Potatoes, Stewed Tomatoes, Multi Grain Bread, Chilled Pears, Milk</p>	<p>8 Baked Pollock w/ Lemon Sauce, Baked Potato, California Blend, Wheat Bread, Vanilla Mandarin Pudding, Milk</p>
<p>11 Slow Roasted Beef/Gravy, Mashed Potatoes, Brussel Sprouts, Multi Grain Bread, Chilled Pears, Cookie, Milk</p>	<p>12 Turkey Pot Roast/Gravy, Baked Potato, Peas &amp; Carrots, Multi Grain Bread, Chef's Fruit, Milk</p>	<p>13 Spaghetti Meatball Marinara, Broccoli, Wheat Vienna, Chilled Peaches, Milk</p>	<p>14 Chicken Tenders w/ Country Gravy, Bread Stuffing, Sweet Potato Mashed, Northern Bean &amp; Tomato Medley, Cran Applesauce, Milk</p>	<p>15 Surimi Crab Alfredo Zucchini w/ Red Peppers &amp; Onions, Chef's Choice Vegetable, Multi Grain Dinner Roll, Fruit cup, Milk</p>
<p>18 Baked Meatloaf w/ Country Gravy, California Mashed Potatoes, Mixed Vegetables, Whole Wheat Roll, Pineapple Tidbits, Milk</p>	<p>19 BBQ Pulled Pork, Oven Fries, Carrot Raisin Salad, Wheat Sandwich Bun, Warm Apple Crumble, Milk</p>	<p>20 Maple Mustard Glazed Chicken Thigh, Scalloped Potatoes, Baked Bean Casserole, Wheat Bread, Fruit Jell-O, Milk</p>	<p>21 Baked Ham, Cran Raisin Sauce, Roasted Diced Potatoes, Mixed Vegetables, Rye Bread, Dessert, Milk</p>	<p>22 Swedish Meatball/Gravy, Mashed Potatoes, Broccoli, Multi Grain Bread, Fresh Melon, Milk</p>
<p>25 S <b>CLOSED FOR CHRISTMAS</b></p>	<p>26 Cheddar Broccoli Chicken Rice Casserole, Cauliflower, Whole Wheat Roll, Warm Pear &amp; Cranberry Crumble, Milk</p>	<p>27 Salisbury Steak/Gravy, Mashed Potatoes, Corn, Multi Grain Dinner Roll, Pineapple Tidbits, Milk</p>	<p>28 Hot Dog, Oven Fries, Bean Casserole, Wheat Hot Dog Bun, Banana , Milk</p>	<p>29 Classic Lasagna w/ Meat Sauce, Broccoli, Chef's Choice Vegetable, Wheat Bread, Oatmeal Raisin Cookie, Milk</p>
Menu subject to change due to availability of items. Funding in part is provided by Age Guide Area on Aging				