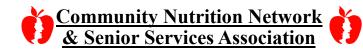
CNN Proviso Community Café 1609 N. 36th Avenue Melrose Park, IL 60160 Days: Mondays-Fridays Times: 8:00am-2:00pm Phone: 708-316-7488



DECEMBER 2023

CNN Manager: Laurie Madden

Monday 🔰	<u> Tuesday</u>	📔 Wednesday 🚽	🕌 <u>Thursday</u>	Friday And
For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with milk low fat milk.	\$2.00	Proviso CNN Community Café, Staff & volunteers would like to wish you & yours Merry Christmas and a Happy New Year!! May you have peace, joy, and happiness through the Holiday season! Hope Santa is good to all! Much blessings for each of you in 2024!	Happy2 Holidays	1. Chicken parmesan w/penne pasta and marina- ra, squash medley, wheat Vienna bread w/butter and chilled peaches
 4. Sliced Bavarian Style Bratwurst, diced parsley po- tatoes, carrots, rye bread w/butter and fresh melon Image: A straight of the straight	5. Chicken chardonnay, mashed potatoes, broccoli, multi-grain bread, chocolate pudding and a fresh orange	6. Texas chili, mac n cheese, country blend veggies, multi- grain bread and fruit cup	7. Veal Marsala, scalloped potatoes, stewed tomatoes, multi-grain bread w/butter, beet salad and chilled pears	8. Baked Pollock w/lemon butter sauce, baked potato, California blend, wheat bread w/butter and vanilla mandarin pudding
11. Slow roasted beef w/gravy, mashed potatoes, Brussel sprouts, multi-gran bread w/butter, chilled pears and a cookie	12. Turkey pot roast w/gravy, baked potato, peas & carrots, multi-grain bread w/butter, chef's fruit and a banana	13. Spaghetti & meatballs w/marinara, broccoli, wheat Vienna bread w/butter, and chilled peaches	14. Chicken tenders in country chicken gravy, bread stuffing, mashed sweet pota- toes, northern bean and toma- to medley, pea salad and cran apple sauce	15. Surimi crab alfredo w/penne pasta, zucchini w/red peppers, Chef's choice veggies, multi-grain dinner roll w/butter and fruit cup
18. Baked meatloaf w/country gravy, cauliflow- er mashed potatoes, mixed veggie, whole wheat roll w/butter and pineapple tid bits	19. BBQ pulled pork w/wheat sandwich bun, oven fries, carrot raisin salad, warm apple crumble and Chef's Choice	20. Maple mustard glazed chicken thigh, scalloped po- tatoes, baked bean casserole, wheat bread w/butter and Jell-O w/fruit	21. Baked ham w/cran raisin sauce, roasted diced potatoes, mixed veggies, rye bread w/butter and dessert	22. Swedish meatballs w/gravy, mashed potatoes, broccoli, multi-grain bread w/butter and fresh melon
25. <i>CLOSED</i>	26. Cheddar broccoli chicken	27. Salisbury Steak, mashed	28. Hot Dog w/wheat hot dog	29. Classic Lasagna w/meat
MERRY	rice casserole, cauliflower, whole wheat roll w/butter,	potatoes w/gravy, corn, mul- ti-grain dinner roll w/butter,	bun, oven fries, bean casserole, a banana and fresh	sauce, broccoli, Chef's choice veggie, whole wheat
CHRISTMAS!!	pea salad and warm pear and cranberry crumble	and pineapple tidbits	melon	bread w/butter, and Oat- meal raisin cookie

Funds in whole or in part for this publication were provided through an ward from Age Option under title 111 of the older Americans Act as administered through the Illinois Department on Aging and federal administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination Act the age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have discriminated against, you have the tight to file a complaint. For information dial <u>1-800-252-8965</u> (Voice and TD Menu subject to change due to availability of items. Funding in part is provided by Age Options.