New Lenox Township Community Cafe

1090 S Cedar Road New Lenox, IL 60451

CNN Café Manager: Megan Murray



December 2023

Community Nutrition Network & Senior Services Association



Days: Monday-Friday

Times: 11:00 AM-12:00 PM

Phone: (815) 351-6954

Monday Tuesday Thursday Wednesday Friday Chicken Breast For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Parmesan Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk. Penne Pasta w/Marinara Squash Medley Wheat Vienna **Chilled Peaches** Sliced Bavarian Style Chicken Chardonnay 6 Veal Marsala Baked Pollock w/Lemon Texas Chili Bratwurst **Butter Sauce Scalloped Potatoes** Mashed Potatoes Mac & Cheese **Diced Parslied Potatoes Baked Potato Stewed Tomatoes** Broccoli Country Blend Vegetable Carrots California Blend Multi-Grain Bread Multi-Grain Bread Multi-Grain Bread Rve Bread Wheat Bread Fresh Orange **Chilled Pears** Fruit Cup Fresh Melon Chocolate Pudding Vanilla Mandarin Pudding **Beet Salad** 12 Turkey Pot Roast in 14 Chicken Tenders in 15 Surimi Crab Alfredo w/ Slow Roasted Beef w/ Spaghetti & Meatball Penne Pasta Country Chicken Gravy Gravy Gravv Marinara **Bread Stuffing** Mashed Potatoes **Baked Potato** Zucchini w/Red Peppers Broccoli **Brussels Sprouts** Peas & Carrots Mashed Sweet Potato & Onion Wheat Vienna Multi-grain Bread Multi-Grain Bread Northern Bean & Tomato Chef's Choice Vegetables Chilled Peaches **Chilled Pears** Medley Banana Multi-grain Dinner Roll 18 Baked Meatloaf w/ 19 BBQ Pulled Pork w/ 20 Maple Mustard Glazed 21 Baked Ham, w/Cran 22 SWEDISH MEATBALLS/ Chicken Thigh Wheat Sandwich Bun Raisin Sauce **GRAVY** Country Gray **Scalloped Potatoes** Oven Fries Roasted Diced Potatoes MASHED POTATOES Cauliflower Mashed **BROCCOLI** Baked Bean Casserole Mixed Begetables Potatoes Carrot Raisin Salad MULTI GRAIN BREAD Mixed Vegetables Warm Apple Crumble Wheat Bread Rve Bread FRESH MELON Whole Wheat Roll Chef's Choice Fruit Jello Dessert 25 29 CLASSIC LASAGNA W/ 26 Cheddar Broccoli Chicken 27 Hot Dog w/Wheat Bun Salisbury Steak w/Gravy Rice Casserole **MEAT SAUCE** Mashed Potatoes Oven Fries Cauliflower **BROCCOLI** Corn Bean Casserole Closed Whole Wheat Roll CHEF'S CHOICE VEGGIE Multi-Grain Dinner Roll Banana WHEAT BREAD Warm Pear & Cranberry Pineapple Tidbits Fresh Melon Crumble

Menu subject to change due to availability of items. Funding in in part is provided by AgeGuide

Suggested Lunch Donation: \$4.00