

Park Tower Community Café
 247 Caterpillar Drive
 Joliet, IL 60435
 CNN Café Manager: Kandace Garcia



December 2023

Community Nutrition Network & Senior Services Association



Days: Monday & Friday
 Times: 11:00 AM-12:00 PM
 Phone: (815) 351-4639

Monday		Tuesday		Wednesday		Thursday		Friday	
For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk.								1	Chicken Breast Parmesan Penne Pasta w/Marinara Squash Medley Wheat Vienna Chilled Peaches
4	Sliced Bavarian Style Bratwurst Diced Parslied Potatoes Carrots Rye Bread Fresh Melon	5		6		7		8	Baked Pollock w/Lemon Butter Sauce Baked Potato California Blend Wheat Bread Vanilla Mandarin Pudding
11	Slow Roasted Beef w/ Gravy Mashed Potatoes Brussels Sprouts Multi-grain Bread Chilled Pears	12		13		14		15	Surimi Crab Alfredo w/ Penne Pasta Zucchini w/Red Peppers & Onion Chef's Choice Vegetables Multi-grain Dinner Roll
18	Baked Meatloaf w/ Country Gray Cauliflower Mashed Potatoes Mixed Vegetables Whole Wheat Roll	19		20		21		22	SWEDISH MEATBALLS/ GRAVY MASHED POTATOES BROCCOLI MULTI GRAIN BREAD FRESH MELON
25	Closed	26		27		28		29	CLASSIC LASAGNA W/ MEAT SAUCE BROCCOLI CHEF'S CHOICE VEGGIE WHEAT BREAD

Menu subject to change due to availability of items. Funding in in part is provided by AgeGuide

Suggested Lunch Donation: \$4.00

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