

Schaumburg CNN Senior
Café @ The Barn
231 S. Civic Drive
Schaumburg, 60193

Days: Mondays-Fridays
Times: 10:00am-2:00pm
Phone: 847-524-7496



Community Nutrition Network & Senior Services Association



January 2024

CNN Café Manager: Caitlin Wilson
Senior Services Manager: Marina Lvovich

Monday	Tuesday	Wednesday	Thursday	Friday
1. Barn Closed! Happy New Year! (Frozen Meals on Tuesday)	2. <u>FRESH BAR</u> Stuffed Green Pepper Multi-Grain Dinner Roll Lumberjack Soup, Tossed Garden Salad, Cottage Cheese, Fruit Cup Cookie	3. Shaved Pork w/ Mediterranean Sauce Scalloped Potatoes Brussels Sprouts Multi-Grain Bread Apple Sauce	4. Baked Chicken & Gravy Mashed Potatoes Cauliflower & Red Peppers Wheat Bread Mandarin Oranges Chef’s Choice	5. Citrus Alaskan Pollock Vegetable Rice Pilaf Country Blend Vegetables Multi-Grain Dinner Roll Chick Pea Salad Fresh Melon
8. <u>Fortune House \$5.00</u> Beef Chop Suey Fried Rice Egg Roll Fruit	9. <u>FRESH BAR</u> Chicken Salad Sandwich Wheat French Roll Cream of Potato Soup, Tossed Garden Salad, Cottage Cheese, Whole Apple, Tri Bean Salad	10. Roast Turkey w/ Cheddar Ale Sauce Vegetable Rice Pilaf Broccoli Chefs Fruit Biscuit Oatmeal Raisin Cookie	11. Western Eggs Hash Browned Potatoes Maple Glazed Pears Raisin Bread Cranberry Juice Banana	12. <u>Rosati’s \$5.00</u> Mostaccioli Meatball Side Salad Bread Fruit
15. Barn Closed! Martin Luther King Jr. (Frozen Meals on Tuesday)	16. <u>FRESH BAR</u> Chicago Style Hot Dog Wheat Hot Dog Bun Tomato Lentil, Tossed Garden Salad, Cottage Cheese, Chocolate Pudding Fresh Orange	17. Texas Chili Mac & Cheese Country Blend Vegetables Multi-Grain Bread Fruit Cocktail	18. Veal Marsala Scalloped Potatoes Stewed Tomatoes Multi-Grain Bread Chilled Pears Beet Salad	19. Chili Chilly Party <u>Wendy’s \$5.00</u> Chili Baked Potato Crackers Chocolate Frosty Fruit
22. <u>KFC \$5.00</u> Famous Bowl Coleslaw Chocolate Cake Fruit	23. <u>FRESH BAR</u> Meatball Marinara Sub Wheat French Roll Bean Soup, Tossed Garden Salad, Cottage Cheese, Chef’s Choice, Cheese Tortellini Pasta	24. Spaghetti & Meatball Marinara Broccoli Wheat Vienna Chilled Pears	25. Chicken Tenders in Country Chicken Gravy Bread Stuffing Sweet Potato Mashed Northern Bean & Tomato Medley Cran-Applesauce Pea Salad	26. <u>Alden Poplar Creek \$4.00</u> Chicken Egg Drop Soup Thai Coleslaw Beef and Broccoli Stir Fry Rice Sugar Cookie
29. <u>Sweet Orange \$5.00</u> Hiker Biker Sandwich (Smoked Turkey, Tomato, Cheddar Cheese, Lettuce and Mayo) Cheddar Broccoli Soup Fruit	30. <u>FRESH BAR</u> Chicken Salad on Wheat Sandwich Bun Split Pea Soup, Tossed Garden Salad, Cottage Cheese, Sliced Peaches Carrot Raisin Salad	31. Maple Mustard Glazed Chicken Thigh Scalloped Potatoes Baked Bean Casserole Wheat Bread Fruit Jell-O	ToGo Meals Available Daily 12:15 AM– 1:30 PM Frozen Meals Available Monday’s 12:15 AM– 1:30 PM Lunch Served at Noon Registration Begins Friday, December 22nd	
Menu subject to change due to availability of items. Funding in part is provided by Age Options. Suggested Donation \$3.25				
				For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with fat free or low fat milk.



Schaumburg Barn
231 Civic Drive



January 2024 - Calendar

CNN Café Manager: Caitlin Wilson
Senior Services Coordinator: Marina Lvovich

(847)524-7496

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. BARN CLOSED HAPPY NEW YEAR'S	2. Salad Bar Lunch 10:30 AM Bunco Tournament Game with Deb and Diane 11:30AM 5 Pack Frozen Meals	3. 10-10:30 AM Chair Yoga with Laura	4. 10:30 AM Canvas Painting	5. 10 AM Tech Corner 10:30AM Under the Blanket Card Game– with Dorothy and Kathy 11:30 AM Public Safety Presentation with Fire and Police Department	6. Social Saturday catered from Denny's <u>Menu:</u> 2 eggs, 2 sausage, 2 bacon, 2 pancakes, and hash browns and fruit. <u>Activities:</u> Games, Bingo, and Raffles.
8. Restaurant Day Lunch 11:30AM 5 Pack Frozen Meals Market Day 1:30-3:00 PM (limited supplies) 	9. Salad Bar Lunch 10:30 AM Book Club with Renee at Nursing Building 2 -3 PM Line Dancing with Janet	10. 10-10:30 AM Zumba with Josi 10:30 AM Crochet Group	11. "BINGO BANANZA" \$1 Lunch \$1 Bingo Cards or 6/\$5 Special Banana Treats	12. Restaurant Day 11:15 AM Oasis Senior Advisors presentation- with bingo and treats	Sponsored by the Rotary Club of Schaumburg and Hoffman Estates \$3.00 Suggested Donation
15. BARN CLOSED Martin Luther King Jr. Day	16. Salad Bar Lunch 10:30 AM LRC 11:30AM 5 Pack Frozen Meals 1:45 PM Senior Advisory Council	17. 10-10:30 AM Chair Yoga with Laura	18. 10 AM Table and Card Games	19. Restaurant Day Chili Chilly Party- Wear your comfy pajamas	
22. Restaurant Day Lunch 11:30AM 5 Pack Meals Market Day 1:30-3:00 PM (limited supplies) 	23. Salad Bar Lunch 10:30 AM Pokeno with Deb and Diane	24. 10-10:30 AM Zumba with Josi 10:30 AM Crochet Group	25. 10:30 AM New Year's Themed Brain Games	26. 10 AM Tech Corner 10:30 AM 31 Card game-with Dorothy and Kathy Alden Poplar Creek Luncheon \$4.00	Registration for ALL events begins on Thursday, December 21 In order to participate in any Barn activities you must be signed up for lunch
29. Restaurant Day Lunch Special Celebration for 20K Meals Served! 11:30 AM -5 pack frozen meals	30. 10-12 Pop up Library with Schaumburg Library	31. 11 AM Balloon Volleyball Game	<u>BINGO</u> will be played everyday after lunch 	<u>Transportation Options</u> Senior Bus: 847.882.1929 Pace Bus: 847.352.8097	Visit the Barn Webpage: www.schaumburg.com/thebarn

Funds in whole or in part for this publication were provided through an award from Age Options under Title III of the Older American Act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Humans Right Act, The U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, The Age Discrimination in Employment Act, and The U. S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8965 [Voice and TDD] or contact Williams Burns, Director of Personnel at 312-207-5290. We serve nutritious lunches to Schaumburg Township seniors and disabled friends for a voluntary donation. Monday's and Friday's there is a suggested \$5 donation and Tuesday—Thursday \$3.25.