

February 2024

Hours: Monday Through Friday, 8:00am to 2:00pm

Site Manager
ELIZABETH MORALES
(708) 843-6229 - RSVP

BINGO Mon-Fri
10:30AM- 11:30AM
Lunch/Pick-up 11:30am

Community Nutrition Network
3140 Enterprise Park Ave
South Chicago Heights IL 60411
Cafe MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|---|
| Fat-free or Low-fat milk with each meal | | | Cheese omelette Hashbrown potatoes Apple juice Fruit yogurt | Swedish Meatballs Mashed potatoes Broccoli Melon |
| Roast Pork & Gravy Au gratin Potatoes Peas & Carrots Wheat bread/apple | Cheddar broccoli chicken rice casserole Cauliflower Cranberry crumble | Salisbury Steak & gravy Mashed potatoes Corn Pineapple tidbits | Hot dog Oven fries Bean casserole Fresh melon | Shaved pork mediterranean Scalloped potatoes Brussel sprouts Applesauce |
| Roast turkey & gravy Baked sweet potato Mixed vegetables Bread stuffing | Spagetti & meatball mixed green salad Grain bread Peach cobbler | Smothered Pork Chop Mashed potatoes Green beans Oatmeal raisin cookie | Baked chicken & gravy Mashed potatoes Cauliflower Mandarin oranges | Citrus Alaskan Pollock fish Vegetable rice pilaf Country blend vegetable Melon |
| CLOSED  | BBQ Riblet Oven fries Black beans & corn Chef's choice/apple | Veggie Beef Stew Sides to be determined... | Western eggs Hashbrown potatoes maple glazed pears raisin bread | KFC Chicken Potpie Soup cookie Fruit cup |
| Sliced bavarian style Diced parslid potatoes Carrots Rye bread | Chicken chardonnay Mashed potatoes broccoli Fresh orange | Texas Chilli Mac & cheese Country blend vegetables Fruit cup | Veal marsala Scalloped potatoes Stewed tomatoes Chilled pears | are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY PLEASE DON'T LEAVE YOUR FOOD SITTING OUT! |

MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

Donation \$3.00

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