

Community Nutrition Network & Senior Services Association

**PHOENIX
CAFÉ**

650 E Phoenix Center Drive
Phoenix, IL 60426

Hours: Monday Through Friday, 8:00am to 2:00pm

Café Manager: Elizabeth Davalos
(708) 331-2408



Monday	Tuesday	Wednesday	Thursday	Friday
<p>FOR YOUR SAFTY </p> <p>If you cannot eat your meal or if you are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY Do not leave sitting out</p> <p>Each meal is served with fat free OR Low Fat Milk</p>	<p>HAPPY ST. PATRICK'S DAY</p> 	<p>This is not just another day, this is yet another chance to make your dreams come true.</p> 	<p>Happy Easter</p> 	<p>Baked Pollock W/Lemon Butter Sauce, Baked Potato, California Blend, Wheat Bread, Vanilla Mandarin Pudding</p> 
<p>4</p> <p>Slow Roasted Beef/Gavy, Mashed Potatoes, Brussels Sprouts, Multi Grain Bread, Chilled Pears, Cookie</p> 	<p>5</p> <p>Meatball Marinara Sub Sandwich, Wheat French Roll, Bean Soup, Tossed Garden Salad, Cottage Cheese, Cheese Tortellini Pasta</p> <p>SALAD BAR</p>	<p>6</p> <p>Spaghetti & Meatball Marinara, Broccoli, Wheat Vienna, Chilled Pears</p> 	<p>7</p> <p>Egg Salad, Wheat French Roll, Tomato, Florentine, Tossed Garden Salad, Cottage Cheese, Cranberry Apple Sauce</p> <p>SALAD BAR</p>	<p>8</p> <p>Surimi Crab Alfredo, Penne Pasta, Zucchini W Red Peppers & Onions, Multi-Grain Roll, Fruit Cup</p> 
<p>11</p> <p>Baked Meatloaf W/Country Gravy, Cauliflower Mashed Potatoes, Mixed Vegetables, Wheat Roll, Pineapple Tid Bits</p> 	<p>12</p> <p>Chicken Salad, Wheat Sandwich Bun, Split Pea Soup, Tossed Garden Salad, Cottage Cheese, Sliced Peaches, Carrot Raisin Salad</p> <p>SALAD BAR</p>	<p>13</p> <p>Maple Mustard Glazed Chicken Thigh, Scalloped Potatoes, Baked Bean Casserole, Wheat Bread, Fruit Jello</p> 	<p>14</p> <p>Bacon & Spinach Quiche, Multi Grain Roll, Vegetable Gumbo, Tossed Garden Salad, Cottage Cheese, Fruit Yogurt, Orange Smiles</p> <p>SALAD BAR</p>	<p>15</p> <p>Cheese Omelette, Hash Browned Potatoes, Wheat Biscuit, Apple Juice, Fruit Yogurt, Fresh Orange</p> 
<p>18</p> <p>Roast Pork & Gravy, Au Gratin Potatoes, Peas & Carrots, Wheat Bread, Apple</p> 	<p>19</p> <p>Cheese Burger, Wheat Bun, Tomato Soup, Tossed Garden Salad, Cottage Cheese, Sliced Pears, Pea Salad</p> <p>SALAD BAR</p>	<p>20</p> <p>Salisbury Steak/Gravy, Mashed Potatoes, Corn, Dinner Roll, Pineapple Tidbits</p> 	<p>21</p> <p>Tuna Salad Sandwich, Wheat French Roll, Cream of Broccoli, Tossed Garden Salad, Cottage Cheese, Mandarin Oranges, Carrot Raisin Salad</p> <p>SALAD BAR</p>	<p>22</p> <p>Classic Lasagna w/Marinara Sauce, Broccoli, Wheat Bread, Oatmeal Raisin Cookie</p> 
<p>25</p> <p>Roast Turkey & Gravy, Baked Sweet Potatoes, Mixed Vegetables, Stuffing, Fruit</p> 	<p>26</p> <p>Stuffed Green Pepper, Multi grain Roll, Lumber Jack Soup, Tossed Garden Salad, Cottage Cheese, Fruit Cup, Cookie</p> <p>SALAD BAR</p>	<p>27</p> <p>Shaved Pork W/Mediterranean Sauce, Scalloped Potatoes, Brussels sprouts, Multi Grain Bread, Apple Sauce</p> 	<p>28</p> <p>Tuna Salad Sandwich, Wheat French Roll, Cream of Broccoli, Tossed Garden Salad, Cottage Cheese, Mandarin Oranges, Carrot Raisin Salad</p> <p>SALAD BAR</p> <p>Donation \$3.00</p>	<p>CLOSED FOR GOOD FRIDAY</p> 

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Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290

