

**CNN Saratoga Towers
Meal Program
1700 Newton Place
Morris, IL 60450
Phone: (815)941-1590**



Community Nutrition Network & Senior Services Association

April 2024

Patty Strahan Nutrition Director

This menu is approved for use by Georgis title IIIIC
Nutrition Sites. K. Leicht, RD LDN MBA



Funding in part is provided by
**Age Guide and United Way of
Grundy County**



**If you have any questions or problems
please call our office at 1-815-941-1590.**

Monday	Tuesday	Wednesday	Thursday	Friday
1. MEATBALL MARINARA SUB SANDWICH POTATOES ITALIANO GREEN BEANS MULTI FRENCH ROLL Fruit, Milk or juice	2. SALISBURY STEAK/GRAVY MASHED POTATOES CABBAGE & CARROTS MULTI-GRAIN BREAD RAISIN COOKIE Fruit, Milk or juice	3. Welcome Spring/Happy Easter Party Ham w/Honey Mustard Glaze Scalloped Potatoes, Green Beans, Tossed Salad, Rolls & Butter, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00	4. LEMON BASIL CHICKEN GARDEN VEGETABLES CORN & BLACK BEAN SALAD MULTI - GRAIN DINNER ROLL APPLE SAUCE Milk or juice	5. Open Faced Meatball Sandwich on Garlic Toast, Lasagna, Green Beans, Tossed Salad, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$4.00
8. CHICKEN ALA ORANGE VEGETABLE RICE PILAF NORTHERN BEANS BRAN MUFFIN BREAD Fruit, Milk or juice	9. FRENCH DIP OF BEEF W/ MUSHROOMS & ONIONS OVEN FRIES & CORN WHEAT FRENCH ROLL WHOLE APPLE Milk or juice	10. Chicken Kiev, Rice Pilaf, Green Beans, Tossed Salad, Rolls & Butter, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00	11. SURIMI CRAB SALAD TOMATO WEDGES DILLED CUCUMBERS APPLE CINNAMON MUFFIN FRUIT CUP Milk or juice	12. Meat loaf or Chopped Steak w/ Onion, Mashed Potatoes, Corn, Broccoli Salad, Fruit, Milk, Dessert Lunch 11:00 Suggested Donation \$4.00
15. BBQ RIBLET SWEET POTATO MASHED CHEF'S VEGETABLE WHEAT SANDWICH BUN STRAWBERRY YOGURT Milk or juice	16. HAMBURGER BEAN CASSEROLE MIXED VEGETABLE WHEAT SANDWICH BUN FRUIT SUNBURST Milk or juice	17. Beef Stroganoff on Buttered Noodles, Tossed Salad, Mixed Vegetables, Rolls & Butter, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00	18. SPAGHETTI & MEATBALLS W/ MARINARA SAUCE CAPRI BLEND VEGETABLES WHEAT VIENNA BREAD CHILLED PEARS Milk or juice	19. Pulled Pork on Bun, Roasted Potatoes, Tossed Salad, Baked Beans, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$7.00
22. BAKED MEATLOAF W/ COUNTRY GRAVY MASHED POTATOES STEWED TOMATOES WHOLE WHEAT BREAD WHOLE ORANGE Milk or juice	23. BISCUIT & GRAVY EGG BAKE DICED HASH BROWNS APPLE COBBLER JUICE BANANA Milk or juice	24. Pork Chop Suey w/Rice, Oriental Vege- tables, Dinner Rolls & Butter, Pears, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00	25. ASIAN GLAZED CHICKEN CITRUS BROWN RICE BROCCOLI MULTI-GRAIN BREAD MANDARIN ORANGE JELLO FORTUNE COOKIE Fruit, Milk or juice	26. Monthly Birthday Party Hot Dog on Bun Macaroni Salad, Hummus & Veggies, Cole Slaw, Fruit Cup, Dessert, Milk Lunch 11:00 Suggested Donation \$4.00
29. PRIME RIB OF PORK BAKED POTATO PARSLIED CAULIFLOWER RYE BREAD MIXED FRUIT Milk or juice	30. ITALIAN SAUSAGE/ MARINARA SCALLOPED POTATOES BRUSSELS SPROUTS HEAT SAUSAGE BUN FRESH MELON Milk or juice	Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.		All meals are \$3.75 unless otherwise marked.

Menu subject to change due to availability of items. For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal when it is delivered: REFRIGERATE IT RIGHT AWAY!! Do not leave it sitting out!!! Remove meal from the freezer and follow the cooking instructions provided. If it has been refrigerated, it will not take as long. This menu is subject to change.

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