













These menus are approved for use by title IIC Nutrition Programs. K. Leicht, RD LDN MBA

815-941-1590

COMMUNITY NUTRITION NETWORK

| Monday | | Tuesday | | Wednesday | | Thursday | | FRIDAY | |
|---|-----------|---|-----------|--|-----------|--|-----------|--|-----------|
| SARATOGA TOWERS | 1 | SARATOGA TOWERS | 2 | SARATOGA TOWERS | 3 | | 4 | SARATOGA TOWER | 5 |
| Office open 8AM-11AM to register for or reload Senior Dine Cards or aquire "Great Plates" Coupons | | | | Welcome Spring/Happy Easter Party Ham w/Honey Mustard Glaze Scalloped Potatoes, Green Beans, Tossed Salad, Rolls & Butter, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00 | | | | Open Faced Meatball Sandwich on Garlic Toast, Lasagna, Green Beans, Tossed Salad, Fruit, Dessert, Milk  Lunch 11:00 Suggested Donation \$4.00 | |
| COAL CITY | 8 | SARATOGA TOWERS | 9 | SARATOGA TOWER | 10 | | 11 | SARATOGA TOWER | 12 |
| Breaded Pork Tenderloin, Mashed, Potatoes & Gravy, Mixed Veg, Rolls & Butter, Tossed Salad, Fruit, Dessert, Milk  Lunch 12:00 Bingo to Follow Suggested Donation \$7.00 | | Office open 8AM-11AM to register for or reload Senior Dine Cards or aquire "Great Plates" Coupons | | Chicken Kiev, Rice Pilaf, Green Beans, Tossed Salad, Rolls & Butter, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00 | | | | Meat loaf or Chopped Steak w/Onion, Mashed Potatoes, Corn, Broccoli Salad, Fruit, Milk, Dessert  Lunch 11:00 Suggested Donation \$4.00 | |
| | 15 | MAZON | 16 | SARATOGA TOWER | 17 | | 18 | SARATOGA TOWER | 19 |
| | | Fried Chicken, Au gratin Potatoes, Tossed Salad, Mixed Vegetables, Fruit, Dessert, Milk  Euchre at 10:30 Lunch 12:00 Bingo to Follow Suggested Donation \$7.00 | | Beef Stroganoff on Buttered Noodles, Tossed Salad, Mixed Vegetables, Rolls & Butter, Fruit, Dessert, Milk  Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00 | | Chicken Parmesan w/Spaghetti Marinara, Garlic Bread, Green Beans, Tossed Salad, Dessert, Milk  Bingo at 10:30AM Lunch 12:00 Suggested Donation \$7.00 | | Pulled Pork on Bun, Roasted Potatoes, Tossed Salad, Baked Beans, Fruit Dessert, Milk  Lunch 11:00 Suggested Donation \$4.00 | |
| MINOOKA | 22 | | 23 | SARATOGA TOWER | 24 | | 25 | SARATOGA TOWER | 26 |
| BBQ Breast of Chicken on Bun W/cheese and Bacon, Tossed Salad, Roasted Potatoes, Pears, Dessert, Milk  Lunch 12:00 Bingo to Follow Suggested Donation \$7.00 | | | | Pork Chop Suey w/Rice, Oriental Vegetables, Dinner Rolls & Butter, Pears, Dessert, Milk  Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00 | | | | Monthly Birthday Party Hot Dog on Bun Macaroni Salad, Hummus & Veggies, Cole Slaw, Fruit Cup, Dessert, Milk  Lunch 11:00 Suggested Donation \$4.00 | |
| | 29 | | 30 | | | | | | |
| | | | | Funding in part is provided by Northeastern Illinois Area on Aging and United Way of Grundy County | | Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444. | | | |

Saratoga Towers Café serves meals daily at 11:30, open to public 60+ For your safety if you cannot eat all of your meal Refrigerate it right away!! Be safe! Please call 815-941-1590 to make or change a reservation. When you leave a message be assured we will follow through. Menu Subject to change due to availability of items. Thank You