MAY 2024

Brookfield Colgrass Café 9022 31st Street Brookfield, Il 60513

Hours: Monday Through Friday, 11:00amto 2:00pm

Café Manager: Tanya Harrison 708-310-4434 ext 4 Suggested donation: \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
If you cannot eat your meal		1	Deli Bar 2	3
when it is delivered,		BBQ Pulled Chicken	Grilled Chicken Garden Salad	Cinco De Mayo Fiesta \$5
REFRIGERATE IT RIGHT AWAY!		Cheesy Mashed Potatoes	w/ Fruit Salsa Dressing	Steak Taco w/ Toppings
Please don't leave food		Broccoli	Mediterranean Soup	Spanish Rice
sitting out!		Wheat Bun	Garbanzo & Kidney Bean Salad	Refried Beans
Milk served with each meal		Chilled Pears	Cottage Cheese, Fruit Cup	Vanilla Flan
6	Deli Bar 7	8	Deli Bar 9	10
Kielbasa	Chicken Rotini Salad	Eggs Lorraine	Dill Tuna Salad	Potato Crusted Fish Fillet
Dilled Potatoes	Split Pea Soup	Potatoes O'Brien	Soup Du Jour	Au Gratin Potatoes, Peas
Bean Casserole	Tossed Garden Salad	Blueberry Muffin	Tossed Garden Salad	Peas
Rye Bread	Beet Salad	Fruit Cup	Pea Salad	Whole Wheat Bread
Fruit Cup	Cottage Cheese, Pineapple Bits	Orange	Cottage Cheese, Peaches	Applesauce
13	Deli Bar 14	15	Deli Bar 16	17
Meatball Marinara Sub	Pulled Pork Sandwich	Ice Cream Social \$2	Quiche Lorraine	Veal Parmesan
Potatoes Italiano	w/Mango BBQ Sauce	Roasted Turkey & Cheddar	Fire Roasted Soup	Penne Pasta w/ Marinara
Italian Green Beans	Cream of Mushroom & Barley	Lettuce & Tomato	Tossed Garden Salad	Broccoli
Wheat French Roll	Tossed Garden Salad	Wheat Kaiser Roll, Pea Salad	Beet Salad	Wheat Vienna Bread
Orange	Potato Salad, Mixed Fruit	Pineapple Tidbits	Cottage Cheese, Banana	Melon
20	Deli Bar 21	22	Deli Bar 23	May Birthday Celebration 24
Chicken A L'Orange	Corn Dusted Flounder	Classic Lasagna	Roast Beef w/ Beer Cheese Fondue	Technology 1:1 by LSK Library
Vegetable Rice Pilaf	w/ Lemon Aioli	Squash Medley	Lumberjack Soup	Hot Dog
Northern Beans	Broccoli Cheddar Soup	Italian Green Beans	Tossed Garden Salad	Twice Baked Potatoes
Bran Muffin Bread	Tossed Garden Salad	Whole Wheat Bread	Dilled Cucumbers	Peas & Carrots
Chilled Peaches	Coleslaw, Diced Melon	Chilled Pears	Cottage Cheese, Apple Crisp	Banana
27	Deli Bar 28	29	Deli Bar 30	31
	Cheeseburger	BLT Chicken Salad	Deviled Egg Salad on a Roll	Herb Baked Chicken
ord We're	Tomato Florentine Soup	Mixed Salad Greens	Cream of Potato Soup	Mashed Potatoes & Gravy
I ISOTOSFIII	Tossed Garden Salad	Tri Bean Salad	Tossed Garden Salad	Green Bean Casserole
CLOSED	Macaroni Salad	Corn Bread	Broccoli Salad	Bran Muffin Bread
	Cottage Cheese, Fruit Sunburst	Mandarin Oranges	Cottage Cheese, Sliced Pears	Apple

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 or contact the Director of Personnel at (312)207-5290.

MAY 2024 ACTIVITIES

Café Manager: Tanya Harrison

708-310-4434 ext 4 Monday	Tuesday	Wednesday	Thursday	Friday
Worlday	Tuesday	L, E, T, S, P ₃ L, A, Y ₄	1	2 Cinco de majo
5 30 D 3 D 50 C 20 C	7		TRIVIA	9 10
L, E, T, S, P ₃ L, A, Y ₄	14	ice cream social	15	16 17
20	21		22	Join us in Device 1:1 24 celebrating brought to you by LSK Brookfield birthdays!! Library.
Specel We're CLOSED	28	Stress relief coloring	29	JUKEBOX FRIDAY Enjoy lunch and listen to your favorite tunes straight from the jukebox!!

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