

MAY 2024

Hours: Monday Through Friday, 8:00am to 2:00pm

Site Manager
ELIZABETH MORALES
(708) 843-6229 - RSVP

BINGO Mon-Fri
10:30AM- 11:30AM
Lunch/Pick-up 11:30am

Community Nutrition Network
 3140 Enterprise Park Ave
 South Chicago Heights IL 60411
Cafe MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
Fat-free or Low-fat milk with each meal	if are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY PLEASE DON'T LEAVE YOUR FOOD SITTING OUT!	BBQ pulled pork /bun Cheesy mashed potatoes Broccoli Chilled pears	Dilled tuna salad sandwich lettuce & tomato Garbanzo & kidney bean Banana	Steak Fajitas Rice Beans Fruit salad
6	7	8	9	10
Kielbsa dilled potatoes bean casserole fruit cup/rye bread	Chicken w/garden rotini pasta salad Herbed tomato wedges Pineapple tidbits	PLEASE RSVP Shepard's Pie French roll Fruit cup	Baked Meatloaf Mashed potatoes Carrots & chives Melon	PLEASE RSVP Walts Chicken Mashed Potatoes Blended vegetables Bread
13	14	15	16	17
Meatball marinara sub Potatoes italiano Italian green beans Whole orange	Salisbury steak Mashed potatoes/gravy Cabbage & carrots Mixed fruit	Salisbury steak or Roasted turkey breast w/ cheddar pea salad pineapple tidbits	Lemon basil chicken Garden vegetables Corn & black beans Banana	PLEASE RSVP KFC Chicken pot pie Fruit cup
20	21	22	23	24
PLEASE RSVP Chicken Alfredo Garlic bread Fruit	French dip of beef w/mushroom & onions Oven fries Corn / apple	Classic lasagna w/meatsauce Squash medley Italian green beans Chilled pears	Surimi Crab salad mixed salad greens/tomato Dilled cucumbers Apple cinnamon muffin	Hot dog Twice baked potato casserole Peas & Carrots Banana
27	28	29	30	31
CLOSED	Cheeseburger /bun Tomato florentine soup Tossed salad Mac salad-cottage cheese	BLT chicken salad Tomato wedges Tri-bean salad Corn bread/mandarin oranges	Spagetti & Meatballs w/marinara sauce Capri blend vegetables Vienna bread	Herbed baked chicken Mashed potatoes/gravy Green Bean casserole Bran muffin bread

MENU SUBJECT TO CHANGE DUE TO AVAILIBTY OF ITEMS

Donation \$3.00

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290

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BINGO Mon-Fri
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Lunch/Pick-up 11:30am

Community Nutrition Network
3140 Enterprise Park Ave
South Chicago Heights IL 60411
Homebound MENU

Monday	Tuesday	Wednesday	Thursday	Friday
if are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY PLEASE DON'T LEAVE YOUR FOOD SITTING OUT!		1	2	3
	Fat-free or Low-fat milk with each meal	BINGO 10:30am-11:30am		PLEASE RSVP BIRTHDAY BINGO 10:30am-11:30am CINCO de Mayo!!!
6	7	8	9	10
BINGO 10:30am-11:30am		PLEASE RSVP BINGO 10:30am-11:30am Tiffany's Catering		PLEASE RSVP BIRTHDAY BINGO 10:30am-11:30am Celebrating Mother's DAY
13	14	15	16	17
BINGO 10:30am-11:30am		BINGO 10:30am-11:30am		PLEASE RSVP BIRTHDAY BINGO 10:30am-11:30am
20	21	22	23	24
BINGO 10:30am-11:30am Tiffany's Catering		BINGO 10:30am-11:30am		BIRTHDAY BINGO 10:30am-11:30am
27	28	29	30	31
CLOSED		BINGO 10:30am-11:30am		BIRTHDAY BINGO 10:30am-11:30am
Memorial Day!!!				

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