

CNN Saratoga Towers
Meal Program
1700 Newton Place
Morris, IL 60450
Phone: (815)941-1590

Community Nutrition Network & Senior Services Association



May 2024

Patty Strahan Nutrition Director

This menu is approved for use by Georgis title IIIIC
 Nutrition Sites. K. Leicht, RD LDN MBA



Funding in part is provided by
Age Guide and United Way of
Grundy County



If you have any questions or problems
 please call our office at 1-815-941-1590.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act: the U.S. Civil Rights Act: Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.</p> <p>All meals are \$3.75 unless otherwise marked.</p>		<p>1. Cinco de Mayo Party Chicken Fajitas w/ Onion & Peppers, Flour Tortillas, Spanish Rice & Beans Tossed Salad, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00</p>	<p>2. CHICKEN & MINI DUMPLINGS GARDEN VEGETABLES CORN & BLACK BEAN SALAD MULTI - GRAIN DINNER ROLL HOT GLAZED APPLES Milk or juice</p>	<p>3. Taco Salad w/kidney beans, Pasta Salad, Roll & Butter. Peaches, Dessert, Milk Lunch 11:00 Suggested Donation \$4.00</p>
<p>6. KIELBASA DILLED BABY RED POTATOES BEAN CASSEROLE RYE BREAD FRUIT CUP Milk or juice</p>	<p>7. CHICKEN W/ GARDEN ROTINI PASTA SALAD MIXED SALAD GREENS HERBED TOMATO WEDGES MULTI-GRAIN BREAD PINEAPPLE TID BITS Milk or juice</p>	<p>8. Cabbage Rolls, Mashed Potatoes, Tossed Salad, Rolls & Butter, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00</p>	<p>9. BAKED MEATLOAF W/ COUNTRY GRAVY MASHED POTATOES CARROTS & CHIVES WHOLE WHEAT BREAD CHILLED PEACHES Milk or juice</p>	<p>10. Philly Cheese Steak Sloppy Joes on Bun, Potato Chips, Kidney Bean Salad, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$4.00</p>
<p>13. MEATBALL MARINARA SUB SANDWICH POTATOES ITALIANO GREEN BEANS MULTI FRENCH ROLL Fruit, Milk or juice</p>	<p>14. SALISBURY STEAK/GRAVY MASHED POTATOES CABBAGE & CARROTS MULTI-GRAIN BREAD RAISIN COOKIE Fruit, Milk or juice</p>	<p>15. Herb Roasted Chicken, Mashed Potatoes W/Gravy, Tossed Salad, Peas & Carrots, Rolls & Butter, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00</p>	<p>16. LEMON BASIL CHICKEN GARDEN VEGETABLES CORN & BLACK BEAN SALAD MULTI - GRAIN DINNER ROLL APPLE SAUCE Milk or juice</p>	<p>17. Biscuits & Sausage Gravy, Cheese/Potato/ Egg Bake, Roasted Vegetables, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$7.00</p>
<p>20. CHICKEN ALA ORANGE VEGETABLE RICE PILAF NORTHERN BEANS BRAN MUFFIN BREAD Fruit, Milk or juice</p>	<p>21. FRENCH DIP OF BEEF W/ MUSHROOMS & ONIONS OVEN FRIES & CORN WHEAT FRENCH ROLL WHOLE APPLE Milk or juice</p>	<p>22. Memorial Day Party Yankee Pot Roast w/Carrots & Potatoes, Tossed Salad, Biscuits & Butter, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00</p>	<p>23. SURIMI CRAB SALAD TOMATO WEDGES DILLED CUCUMBERS APPLE CINNAMON MUFFIN FRUIT CUP Milk or juice</p>	<p>24. Goulash (Ground beef, tomato & pasta) Tossed Salad, Rolls & Butter, Fruit, Milk, Dessert Lunch 11:00 Suggested Donation \$4.00</p>
<p>27. BBQ RIBLET SWEET POTATO MASHED CHEF'S VEGETABLE WHEAT SANDWICH BUN STRAWBERRY YOGURT Milk or juice Closed for Memorial Day</p>	<p>28. HAMBURGER BEAN CASSEROLE MIXED VEGETABLE WHEAT SANDWICH BUN FRUIT SUNBURST Milk or juice</p>	<p>29. Pulled Pork on Bun, Potato Salad, Tossed Salad, Baked Beans, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00</p>	<p>30. SPAGHETTI & MEATBALLS W/ MARINARA SAUCE CAPRI BLEND VEGETABLES WHEAT VIENNA BREAD CHILLED PEARS Milk or juice</p>	<p>24. Monthly Birthday Party Reuben Bake, Tossed Salad. Roasted Potatoes, Mixed Vegetables, Fruit, Milk, Dessert Lunch 11:00 Suggested Donation \$4.00</p>

Menu subject to change due to availability of items. For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal when it is delivered: REFRIGERATE IT RIGHT AWAY!! Do not leave it sitting out!!! Remove meal from the freezer and follow the cooking instructions provided. If it has been refrigerated, it will not take as long. This menu is subject to change.

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