

Community Nutrition Network & Senior Services Association


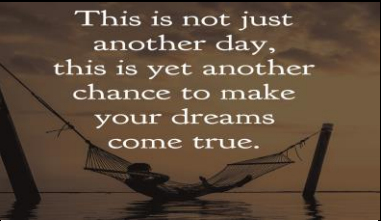

**PHOENIX
CAFÉ**

650 E Phoenix Center Drive
Phoenix, IL 60426

Hours: Monday Through Friday, 8:00am to 2:00pm



Café Manager: Elizabeth Davalos
(708) 331-2408

Monday	Tuesday	Wednesday	Thursday	Friday
<p>FOR YOUR SAFTY</p> <p>If you cannot eat your meal or if you are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY Do not leave sitting out</p> <p>Each meal is served with fat free OR Low Fat Milk</p> 	<p>This is not just another day, this is yet another chance to make your dreams come true.</p> 	<p>1 BBQ Pulled Chicken, Cheesy Mashed Potato, Broccoli, Wheat Sandwich Bun, Chilled Pears</p>	<p>2 Grilled Chicken Salad, Fruit Salsa, Dinner Roll, Mediterranean Soup, Tossed Garden Salad, Cottage Cheese, Fruit Cup Garbanzo & Kidney Bean Salad</p> <p><i>SALAD BAR</i></p>	<p>3 Chicken Marbella, Rice Florentine, Country Blend, Wheat Bread, Orange</p>
<p>6 Kielbasa, Dilled Potatoes, Bean Casserole, Rye Bread, Fruit Cup</p>	<p>7 Chicken Garden Rotini Salad, Wheat Dinner Roll, Split Pea Soup, Tossed Garden Salad, Cottage Cheese, Pineapple Tid Bits, Beet Salad</p> <p><i>SALAD BAR</i></p>	<p>8 Eggs Lorraine, Potatoes O'Brien, Fruit Cup, Blueberry Muffin, Orange</p>	<p>9 Dill Tuna Salad, Wheat French Roll, Soup Du Jour, Tossed Garden Salad, Cottage Cheese, Peaches, Pea Salad</p> <p><i>SALAD BAR</i></p>	<p>10 Potato Crusted Fish Filet, Au Gratin Potatoes, Peas, Wheat Bread, Applesauce</p>
<p>13 Meatball/Marinara Sub Sandwich, Potatoes Italiano, Italian Green Beans Wheat French Roll, Whole Orange</p>	<p>14 Pulled Pork Shoulder W/Mango BBQ, Wheat Sandwich Bun, Cream of Mushroom & Barley, Tossed Garden Salad, Cottage Cheese, Mixed Fruit, Potato Salad</p> <p><i>SALAD BAR</i></p>	<p>15 Roasted Turkey Breast & Wisconsin Cheddar, Wheat Kaiser, Lettuce & Tomato, Pea Salad, Pineapple Tid Bits</p>	<p>16 Lemon Basil Chicken, Garden Veggies, Corn & Black Beans, Multi-Grain Dinner Roll, Apple Sauce, Banana</p>	<p>17 Veal Parmesan Penne Pasta W/Marinara Sauce, Broccoli, Wheat Vienna Bread, Fresh Melon</p>
<p>20 Chicken Ala Orange, Vegetable Rice Pilaf, Northern Beans, Bran Muffin Bread Chilled Peaches</p>	<p>21 Corn Dusted Flounder, Lemon Herb Aioli Wheat Dinner Roll, Broccoli Cheddar Soup, Tossed Garden Salad, Cottage Cheese, Diced Melon, Coleslaw</p> <p><i>SALAD BAR</i></p>	<p>22 Classic Lasagna w/Meat Sauce, Squash Medley, Italian Green Beans, Wheat Bread, Chilled Pears</p>	<p>23 Surimi Crab Salad, Mixed Salad Greens W/Tomato Wedge, Dilled Cucumbers Apple Cinnamon Muffin, Fruit Cup</p>	<p>24 Hot Dog, Twice Bake Potato Casserole, Peas & Carrots, Wheat Hot Dog Bun, Banana</p>
	<p>28 Cheese Burger, Wheat Bun, Tomato Florentine Soup, Tossed Garden Salad, Cottage Cheese, Fruit Sunburst, Macaroni Salad</p> <p><i>SALAD BAR</i></p>	<p>29 BLT Chicken Salad, Mixed Greens W/ Tomato Wedge, Tri-Bean Salad, Corn Bread, Mandarin Oranges</p>	<p>30 Deviled Egg Salad, Wheat French Roll, Cream of Potato Soup, Tossed Garden Salad, Cottage Cheese, Sliced Pears, Broccoli Salad</p> <p><i>SALAD BAR</i></p>	<p>31 Herbed Baked Chicken, Mashed Potatoes/Gravy, Green Bean Casserole, Bran Muffin Bread, Whole Apple</p>
<p>MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS</p>			<p>Donation \$3.00</p>	

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290

