

Schaumburg CNN Senior  
Café @ The Barn  
231 S. Civic Drive  
Schaumburg, 60193

Days: *Mondays-Fridays*  
Times: *10:00am-2:00pm*  
Phone: *847-524-7496*



**Community Nutrition Network  
& Senior Services Association**





**May 2024**

CNN Café Manager: *Caitlin Wilson*  
Senior Services Coordinator: *Marina Lvovich*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>ToGo Meals Available Daily 12:15 PM– 1:30 PM <b>Frozen Meals Available</b> Monday's 12:15 PM– 1:30 PM <b>Lunch Served at Noon</b> <b>Registration Begins</b> <b>Monday April 22nd</b></p>	<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, <b>REFRIGERATE IT RIGHT AWAY!</b> Do not leave it sitting out. Please be safe. Each meal served with fat free or low fat milk.</p>	<p>1. BBQ Pulled Chicken Cheesy Mashed Potatoes Broccoli Wheat Sandwich Bun Chilled Pears</p>	<p>2. Dilled Tuna Sandwich Lettuce and Tomato Garbanzo Beans w/ Silvered Carrots Wheat Kaiser Banana Fruit Cup</p>	<p>3. Chicken Marbella Rice Florentine Country Blend Whole Wheat Bread Whole Orange</p>
<p>6. <b>Portillo's \$5.00</b> Cheeseburger Lettuce, Tomato Pickle &amp; Onion Chips Fruit</p>	<p>7. <b>FRESH BAR</b> Chicken Garden Rotini Salad Wheat Dinner Roll Split Pea Soup, Tossed Garden Salad, Cottage Cheese, Pineapple Tid Bits Beet Salad</p>	<p>8. Eggs Lorraine Potatoes O'Brien Fruit Cup Blueberry Muffin Whole Orange</p>	<p>9. Baked Meatloaf w/ Country Gravy Mashed Potatoes Carrots &amp; Chives Whole Wheat Bread Chilled Peaches Fresh Melon</p>	<p>10. <b>Nana's Hot Dog's \$5.00</b> Slice of Pizza (Sausage or Cheese) Salad Fruit</p>
<p>13. <b>Denny's \$5.00</b> Scrambled Eggs, 2 Pancakes, Hash browns, 2 Sausage Links, and 2 Bacon Strips Fruit</p>	<p>14. <b>FRESH BAR</b> Pulled Pork Shoulder w/ Mango BBQ on Wheat Sandwich Bun Cream of Mushroom &amp; Barley Soup, Tossed Garden Salad, Cottage Cheese, Mixed Fruit, Potato Salad</p>	<p>15. Roasted Turkey Breast &amp; Wisconsin Cheddar Wheat Kaiser Lettuce &amp; Tomato Pea Salad Pineapple Tid Bits</p>	<p>16. Lemon Basil Chicken Garden Vegetables Corn &amp; Black Beans Multi-Grain Dinner Roll Applesauce Banana</p>	<p>17. <b>Alden Poplar Creek \$4.00</b> Garden Salad Meatballs Marinara Spaghetti Buttered Green Beans Garlic Parmesan Rolls Spumoni Ice Cream Cup</p>
<p>20. <b>Sweet Orange \$5.00</b> Chipotle Fried Chicken (Fried Chicken, American Cheese, Pickle, Red Onion and Chipotle Mayo on Bun) Salad Fruit</p>	<p>21. <b>FRESH BAR</b> Corn Dusted Flounder w/ Lemon Herb Aioli Wheat Dinner Roll Broccoli Cheddar Soup, Tossed Garden Salad, Cottage Cheese, Diced Melon, Coleslaw</p>	<p>22. Classic Lasagna w/ Meat Sauce Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears</p>	<p>23. Surimi Crab Salad Mixed Salad Greens w/ Tomato Wedges Dilled Cucumbers Apple Cinnamon Muffin Fruit Cup</p>	<p>24. Hot Dog Twice Baked Potato Casserole Pea &amp; Carrots Wheat Hot Dog Bu Banana</p>
<p>27. <b>Barn Closed!</b> <b>Memorial Day!</b> (Frozen Meals on Tuesday)</p>	<p>28. <b>FRESH BAR</b> Cheeseburger Hamburger Bun Tomato Florentine Soup, Tossed Garden Salad, Cottage Cheese, Fruit Sunburst Macaroni Salad</p>	<p>29. BLT Chicken Salad Mixed Salad Greens w/ Tomato Wedges Tri-Bean Salad Corn Bread Mandarin Oranges</p>	<p>30. Spaghetti &amp; Meatballs Marinara Capri Blend Vegetables Wheat Vienna Bread Chilled Pears</p>	<p>31. <b>KFC \$5.00</b> Chicken Pot Pie Corn Chocolate Cake Fruit</p>

Menu subject to change due to availability of items. Funding in part is provided by Age Options. Suggested Donation \$3.25-\$5.00

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Registration for ALL lunches begins on Monday, April 22</b> Food orders are placed every Monday for the following week In order to participate in any Barn activities you must be signed up for lunch Visit the Barn Webpage: <a href="http://www.schaumburg.com/thebarn">www.schaumburg.com/thebarn</a></p>		<p>1. <b>10-10:30 AM</b> Chair Yoga with Laura <b>11:30 AM</b> Garden Club Planting Meeting</p>	<p>2. <b>10:30 AM</b> Themed Brain Games</p>	<p>3. <b>11 AM</b> Balloon Volleyball Game</p>	<p>4. "Explore Schaumburg" Outing to Medieval Times for Lunch and Show Arrive at 12 noon Cost:\$56 <b>(Must register to attend)</b></p>
<p>6. <b>Restaurant Day Lunch</b> 10 AM Wellness Clinic 11:30AM 5 Pack Meals <b>Flag Day Event</b> is coming up on June 13 at Chandler's. Ticket sales start on <u>May 6</u> for \$10.</p>	<p>7. <b>Salad Bar Lunch</b> 10 AM Bunco Tournament Game 11 AM Resource Presentation by Senior Resource Networking Group</p>	<p>8. <b>10-10:30 AM</b> Zumba with Josi <b>10:30 AM</b> Crochet Group</p>	<p>9. <b>Mother's Day Celebration</b> "BINGO BANANZA" \$1 Lunch \$1 Bingo Cards or 6/\$5 Special Banana Treats</p>	<p>10. <b>Restaurant Day Lunch</b> 10:30 AM Under the Blanket Game 11:30 AM Encore Village overview and complimentary treats</p>	<p><u>Transportation Options</u> Senior Bus: 847.882.1929 Pace Bus: 847.352.8097</p>
<p>13. <b>Restaurant Day Lunch</b> 11:30AM 5 Pack Frozen Meals Market Day <b>1:30-3:00 PM</b> <i>(limited supplies)</i> </p>	<p>14. <b>Salad Bar Lunch</b> 9:30 AM Garden Planting (Meet in Garden) <b>10:30 AM</b> Book Club 2 -3 PM Line Dancing</p>	<p>15. <b>10-10:30 AM</b> Chair Yoga with Laura</p>	<p>16. <b>10:00 AM</b> Card and Table Games <b>11:30 AM</b> Public Safety Presentation</p>	<p>17. <b>Alden Poplar Creek Luncheon \$4.00</b></p>	<p>18. <b>Social Saturday</b> Catered from <b>Ali Baba Kabab Restaurant</b> <u>Menu:</u> Chicken and Beef Shawarma Wrap, Salad, Garlic &amp; Hot Sauce, and Chocolate Baklava <u>Activities:</u> Games, Bingo, and Raffles. <b>Sponsored by the Rotary Club of Schaumburg and Hoffman Estates</b> <b>\$5.00 Suggested Donation</b></p>
<p>20. <b>Restaurant Day Lunch</b> 11:30 AM 5 pack frozen Market Day <b>1:30-3:00 PM</b> <i>(limited supplies)</i> </p>	<p>21. <b>Salad Bar Lunch</b> 10:30 AM LRC Game 1:45 PM Senior Advisory Council</p>	<p>22. <b>10-10:30 AM</b> Zumba with Josi <b>10:30 AM</b> Crochet Group</p>	<p>23. <b>10:30AM</b> 31 Card Game— with Dorothy and Kathy</p>	<p>24. <b>10 AM</b> Tech Corner</p>	<p>25. <b>BINGO</b> will be played everyday after lunch </p>
<p>27. <b>Memorial Day Holiday</b> The Barn will be <b>CLOSED</b> </p>	<p>28. <b>Salad Bar Lunch</b> 10 AM Registration for Explore Schaumburg Fire Department Tour and Cookout on <b>June 6</b> 10:30 AM Pokeno Game</p>	<p>29. <b>10-10:30 AM</b> Chair Yoga with Laura</p>	<p>30. <b>10:30 AM</b> Canvas Painting</p>	<p>31. <b>Restaurant Day Lunch</b> 10 AM Card and Table Games</p>	<p>32. <b>BINGO</b> will be played everyday after lunch </p>