

New Lenox Township Community Cafe  
 1090 S Cedar Road  
 New Lenox, IL 60451  
 CNN Café Manager: Jennifer Tillotson




# May 2024

## Community Nutrition Network & Senior Services Association



Days: Monday-Friday  
 Times: 11:00 AM-12:00 PM  
 Phone: (815) 351-6954

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY!</p> <p>Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk.</p>		<p>1 Bbq Pulled Chicken          Cheesy Mashed Potatoes          Broccoli          Wheat Bun          Chilled Pears</p>	<p>2 Dilled Tuna Salad          Lettuce &amp; Tomato          Garbanzo &amp; Kidney Bean          W/Carrots Balsamic          Wheat Kaiser          Fruit Cup</p>	<p>3 Chicken Marbella          Rice Florentine          Country Blend Veggies          Whole Wheat Bread          Whole Orange</p>
<p>6 Kielbasa          Dilled Potatoes          Bean Casserole          Rye Bread          Fruit Cup</p>	<p>7 Chicken W/ Garden Rotini          Pasta Salad          Mixed Salad Greens          Herbed Tomato Wedges          Multi-Grain Bread          Pineapple Tid-Bits</p>	<p>8 Eggs Lorraine          Potatoes O'Brien          Fruit Cup          Blueberry Muffin          Whole Orange</p>	<p>9 Baked Meatloaf W/          Country Gravy          Mashed Potatoes          Carrots &amp; Chives          Whole Wheat Bread          Chilled Peaches</p>	<p>10 Potato Crusted Fish Filet          Au Gratin Potatoes          Peas          Whole Wheat Bread          Applesauce</p>
<p>13 Meatball/ Marinara Sub          Sandwich          Potatoes Italiano          Italian Greens Beans          Wheat French Roll          Whole Orange</p>	<p>14 Salisbury Steak          Mashed Potatoes /Gravy          Cabbage &amp; Carrots          Multi-Grain Bread          Mixed Fruit          Oatmeal Raisin Cookie</p>	<p>15 Roasted Turkey Breast /          Wisconsin Cheddar          Wheat Kaiser          Lettuce &amp; Tomato          Pea Salad          Pineapple Tid-Bits</p>	<p>16 Lemon Basil Chicken          Garden Vegetables          Corn &amp; Black Beans          Multi-Grain Dinner Roll          Applesauce</p>	<p>17 Veal Parmesan          Penne Pasta W/Marinara          Sauce          Broccoli          Wheat Vienna Bread          Fresh Melon</p>
<p>20 Chicken Ala Orange          Vegetable Rice Pilaf          Northern Beans          Bran Muffin Bread          Chilled Peaches</p>	<p>21 French Dip Beef W/          Mushrooms &amp; Onions          Oven Fries          Corn          Wheat French Roll          Whole Apple</p>	<p>22 Classic Lasagna W/ Meat          Sauce          Squash Medley          Italian Green Beans          Whole Wheat Bread          Chilled Pears</p>	<p>23 Surimi Crab Salad          Mixed Greens W/ Tomato          Wedges          Dilled Cucumbers          Apple Cinnamon Muffin          Fruit Cup</p>	<p>24 Hot Dog          Twice Baked Potato Cas-          serole          Peas &amp; Carrots          Wheat Hot Dog Bun          Banana</p>
<p>27           Memorial Day</p>	<p>28 Hamburger          Bean Casserole          Mixed Vegetables          Wheat Bun          Fruit Sunburst</p>	<p>29 BLT Chicken Salad          Mixed Salad Greens W/          Tomato Wedges          Tri-Bean Salad          Corn Bread          Mandarin Oranges</p>	<p>30 Spaghetti &amp; Meatballs /          Marinara Sauce          Capri Blend Vegetables          Wheat Bread          Chilled Pears</p>	<p>31 Herbed Baked Chicken          Mashed Potatoes / Gravy          Green Bean Casserole          Bran Muffin Bread          Whole Apple</p>

**Menu subject to change due to availability of items.** Funding in in part is provided by AgeGuide

Suggested Lunch Donation: \$4.00

Funds, in whole or in part, for this publication were provided through Age Guide of Northeastern Illinois under Title III or the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. CNNSSA does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint, dial 1-800-252-8966 (Voice and TDD), or contact the Director of Personnel (312) 207-5290.