

**CNN Saratoga Towers
Meal Program
1700 Newton Place
Morris, IL 60450
Phone: (815)941-1590**



Community Nutrition Network & Senior Services Association

June 2024

Patty Strahan Nutrition Director

This menu is approved for use by Georgis title III C
Nutrition Sites. K. Leicht, RD LDN MBA



Funding in part is provided by
Age Guide and United Way of
Grundy County



If you have any questions or problems
please call our office at 1-815-941-1590.

Monday	Tuesday	Wednesday	Thursday	Friday
3. BAKED MEATLOAF W/ COUNTRY GRAVY MASHED POTATOES STEWED TOMATOES WHOLE WHEAT BREAD WHOLE ORANGE Milk or juice	4. BISCUIT & GRAVY EGG BAKE DICED HASH BROWNS APPLE COBBLER JUICE BANANA Milk or juice	5. Pulled Pork on Bun, Roasted Potatoes, Tossed Salad, Baked Beans, Fruit Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00	6. ASIAN GLAZED CHICKEN CITRUS BROWN RICE BROCCOLI MULTI-GRAIN BREAD MANDARIN ORANGE JELLO FORTUNE COOKIE Fruit, Milk or juice	7. Chicken ala King w/Biscuit, Mashed Potatoes, W/Gravy, Mixed Vegetables, Tossed Salad, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$4.00
10. PRIME RIB OF PORK BAKED POTATO PARSLIED CAULIFLOWER RYE BREAD MIXED FRUIT Milk or juice	11. ITALIAN SAUSAGE/ MARINARA SCALLOPED POTATOES BRUSSELS SPROUTS HEAT SAUSAGE BUN FRESH MELON Milk or juice	12. Chicken and Dumplings, Mashed Potatoes, W/Gravy, Mixed Vegetables, Tossed Salad, Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00	13. CHICKEN & MINI DUMPLINGS GARDEN VEGETABLES CORN & BLACK BEAN SALAD MULTI - GRAIN DINNER ROLL HOT GLAZED APPLES Milk or juice	14. Father's Day Party Pork Loin Medallions, Broccoli, Loaded Mashed Potatoes/Gravy, Tossed Sal- ad, Rolls & Butter, Fruit Dessert, Milk Lunch 11:00 Suggested Donation \$5.00
17. KIELBASA DILLED BABY RED POTATOES BEAN CASSEROLE RYE BREAD FRUIT CUP Milk or juice	18. CHICKEN W/ GARDEN ROTINI PASTA SALAD MIXED SALAD GREENS HERBED TOMATO WEDGES MULTI-GRAIN BREAD PINEAPPLE TID BITS Milk or juice	19. Office Closed	20. BAKED MEATLOAF W/ COUNTRY GRAVY MASHED POTATOES CARROTS & CHIVES WHOLE WHEAT BREAD CHILLED PEACHES Milk or juice	21. Chicken Parmesan w/Spaghetti Marinara, Garlic Bread, Green Beans, Tossed Salad, Dessert, Milk Lunch 11:00 Suggested Donation \$4.00
24. MEATBALL MARINARA SUB SANDWICH POTATOES ITALIANO GREEN BEANS MULTI FRENCH ROLL Fruit, Milk or juice	25. SALISBURY STEAK/GRAVY MASHED POTATOES CABBAGE & CARROTS MULTI-GRAIN BREAD RAISIN COOKIE Fruit, Milk or juice	26. Breaded Pork Tenderloin, Mashed, Potatoes & Gravy, Mixed Veg, Rolls & Butter, Tossed Salad, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00	27. LEMON BASIL CHICKEN GARDEN VEGETABLES CORN & BLACK BEAN SALAD MULTI - GRAIN DINNER ROLL APPLE SAUCE Milk or juice	28. Monthly Birthday Party Yankee Pot Roast w/Carrots & Pota- toes, Tossed Salad, Roll & Butter, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$4.00
Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act: Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.				
			All meals are \$3.75 unless otherwise marked.	

Menu subject to change due to availability of items. For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal when it is delivered: REFRIGERATE IT RIGHT AWAY!! Do not leave it sitting out!!! Remove meal from the freezer and follow the cooking instructions provided. If it has been refrigerated, it will not take as long. This menu is subject to change.

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