

July 2024



Hours: Monday Through Friday, 8:00am to 2:00pm

BINGO Mon-Fri

10:30AM- 11:30AM

Lunch/Pick-up 11:30am



**Community Nutrition Network
3140 Enterprise Park Ave
South Chicago Heights IL 60411**

**Site Manager
Elizabeth Morales
(708) 843-6229**

Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
1 BINGO 10:30am-11:30am	2	3 BINGO 10:30am-11:30am	4	5 Birthday BINGO 10:30am-11:30am
8 BINGO 10:30am-11:30am	9	10 BINGO 10:30am-11:30am	11	12 Birthday BINGO 10:30am-11:30am
15 BINGO 10:30am-11:30am	16	17 BINGO 10:30am-11:30am	18	19 Birthday BINGO 10:30am-11:30am
22 BINGO 10:30am-11:30am	23	24 BINGO 10:30am-11:30am	25	26 Parfait Social Sponsored by Oak Street Health Birthday BINGO 10:30am-11:30am
29 BINGO 10:30am-11:30am	30	31 BINGO 10:30am-11:30am	If you cannot eat your meal or if you are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY PLEASE DON'T LEAVE YOUR FOOD SITTING OUT! Donation \$3.00	

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS

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Café MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
	French dip of Beef w/mushrooms & onions Wheat french roll Whole apple	Classic lasagna w/meat sauce Squash medley Italian green beans Chilled pears	CLOSED	CLOSED
8	9	10	11	12
BBQ Riblet Sweet potato mashed Chef's vegetable fruit cup/rye bread	Hamburger Bean casserole Mixed vegetable Fruit sunburst	BLT chicken salad mixed salad greens Tri-bean salad Tomato wedges/ corn bread	Spagetti & Meatballs Capri blend vegetables Wheat vienna bread Chilled pears	Herbed Baked chicken Mashed potaotes w/gravy Green bean casserole Apple
15	16	17	18	19
Baked meatloaf w/country gravy sauce Mashed potatoes Stewed tomatoes	Egg w/biscuit and gravy Diced hashbrown Apple cobbler Juice/banana	Slow roast beef Augratin potaotes Carrots & chives mixed fruit	Asian glazed Chicken Citrus brown rice Broccoli Fortune cookie	Potato crusted fish filet Au gratin potatoes Peas Applesauce
22	23	24	25	26
Prime rib of pork Baked potato Parslied Cauliflower Mixed fruit/rye bread	Italian sausage marinanra Scalloped potatoes Brussel sprouts Juice & melon	Roasted turkey breast w/wisconsin cheddar Pea salad Pineapple tidbits	SPECIAL BINGO Dilled Tuna salad sandwich Lettuce & Tomato Garbanzo & kidney beans Banana & fruit cup	Parfait Social Hotdog Macaroni salad Chips Watermelon
29	30	31		
Kielbasa Dilled potaoes Bean casserole Rye bread	Chicken rotini pasta salad Mixed salad greens Herbed tomato wedges Pineapple tidbits	PLEASE RSVP KFC 2-piece meat Mashed potatoes biscuit	if are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY PLEASE DON'T LEAVE YOUR FOOD SITTING OUT!	
			Fat-free or Low-fat milk with each meal	



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