

# Community Nutrition Network & Senior Services Association

**PHOENIX Home Deliver**

650 E Phoenix Center Drive  
Phoenix, IL 60426

Hours: Monday Through Friday, 8:00am to 2:00pm



Café Manager: Elizabeth Davalos  
(708) 331-2408

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>FOR YOUR SAFTY</b></p> <p>If you cannot eat your meal or if you are not ready to eat your meal when it is delivered, <b>REFRIGERATE IT RIGHT AWAY</b> Do not leave sitting out</p> <p>Each meal is served with fat free OR Low Fat Milk</p>				
<p>5</p> <p>Meatball/Marinara Sub Sandwich, Potatoes Italiano, Italian Green Beans Wheat French Roll, Whole Orange</p>	<p>6</p> <p>Salisbury Steak, Mased Potatoes/Gravy Mashed Potatoes/Gravy, Cabbage &amp; Carrots, Multi-Grain Bread, Mixed Fruit Oatmeal Raisin Cookie</p>	<p>7</p> <p>Roasted Turkey Breast &amp; Wisconsin Cheddar, Wheat Kaiser, Lettuce &amp; Tomato, Pea Salad, Pineapple Tid Bits</p>	<p>8</p> <p>Lemon Basil Chicken, Garden Veggies, Corn &amp; Black Beans, Multi-Grain Dinner Roll, Apple Sauce, Banana</p>	<p>9</p> <p>Potato Crusted Fish Filet, Au Gratin Potatoes, Peas, Wheat Bread, Applesauce</p>
<p>12</p> <p>Chicken Ala Orange, Vegetable Rice Pilaf, Northern Beans, Bran Muffin, Chilled Peaches</p>	<p>13</p> <p>French Dip Of Beef W/ Mushroom &amp; Onions, Oven Fries, Corn, Wheat French Roll, Whole Apple</p>	<p>14</p> <p>Classic Lasagna W/ Meat Sauce, Squash Medley, Italian Green Beans, Wheat Bread, Chilled Pears</p>	<p>15</p> <p>Surimi Crab Salad, Mixed Salad Greens W/ Tomato wedges, Dilled Cucumbers, Apple Cinnamon Muffin, Friut cup</p>	<p>16</p> <p>Hot Dog, Twice Baked Potato Caserole, Peas &amp; Carrots, Wheat Hot Dog Bun, Banana</p>
<p>19</p> <p>BBQ Riblet, Sweet Potato Smashed, Vegetables, Wheat Sandwich Bun, Strawberry Yogurt</p>	<p>20</p> <p>Hamburger, Bean Casserole, Mixed Wheat Sandwich Bun, Fruit Sunburst, Fresh Melon</p>	<p>21</p> <p>BLT Chicken Salad, Mixed Salad Greens W/ Tomato Wedge, Tri-Bean Salad, Corn Bread, Mandarin Oranges</p>	<p>22</p> <p>Spaghetti &amp; Meatballs W/ Marinara Sauce, Capri Blend Vegetables, Wheat Vienna Bread, Chilled Pears</p>	<p>23</p> <p>Herbed Baked Chicken, Mashed Potatoe W/ Gravy, Green Bean Casserole, Bran Muffin Bread, Whole Apple</p>
<p>26</p> <p>Baked Meatloaf W/ Country Gravy, Mashed Potatoes, Stewed Tomatoes, Wheat Bread, Whole Orange</p>	<p>27</p> <p>Eggs W/ Buiscuit &amp; Gravy, Diced Hash Brown, Apple Cobbler, Juice, Banana</p>	<p>28</p> <p>Slow Roasted Beef, Au Gratin Potatoes, Carrots &amp; Chives, Multi-Grain Dinner Roll, Mixed Fruit</p>	<p>29</p> <p>Asian Glazed Chicken, Citrus Brown Rice Broccoli, Multi Grain Bread, Mandarin Orangr Jello, Fortune Cookie</p>	<p>30</p> <p>Turkey Pasta Salad W/ Shell Rigate, Lettuce/Tomato, Tri-Bean Salad, Wheat Bread, Pineapple Tid Bits</p>

**MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS**

**Donation \$3.25**

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