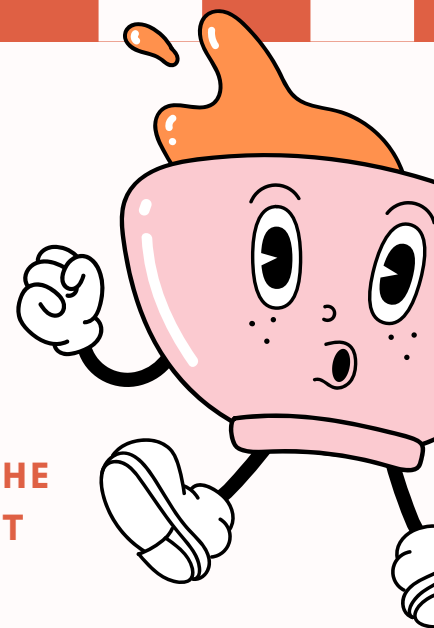


Menu



AVAILABLE ONLY WITH "GREAT PLATES" CARD/COUPON. TIPPING IS THE RESPONSIBILITY OF THE DINER. PLATE SHARING AND CARRY-OUTS NOT PERMITTED.

BREAKFAST (SERVED ALL DAY)

ALL BREAKFASTS INCLUDE: Fruit cup or juice (12 fl. oz. total), and milk, coffee, or hot or iced tea

*** SUNDAY BREAKFAST BUFFET

BISCUITS AND GRAVY

with two bacon strips or two sausage links

FRENCH TOAST (TWO SLICES)

with two bacon strips or two sausage links

TWO EGGS & AMERICAN FRIES

with toast and choice of bacon or sausage

THREE PANCAKES

with two bacon strips or two sausage links

TWO FRUIT CREPES

with two bacon strips or two sausage links

A TWO-EGG OMELET

with American fries and toast

A WAFFLE

with two bacon strips or two sausage links

LUNCH (11 AM - CLOSE)

ALL LUNCHESS INCLUDE: Fries and soup, fruit cup, and milk, coffee, or hot or iced tea

*** WEDNESDAY LUNCH BUFFET

TUNA OR CHICKEN SALAD SANDWICH

1/3 LB. HAMBURGER OR CHEESEBURGER

1/2 REUBEN SANDWICH

1/2 MONTE CARLO SANDWICH

SPECIAL OF THE DAY

PLAIN TURKEY SANDWICH

QUICHE

SMALL CHEF SALAD

(does not include fries)

DINNER (SERVED ALL DAY)

ALL DINNERS INCLUDE: Soup or salad, choice of potato (baked only after 4 p.m.), fruit cup or juice, and milk, coffee, or hot or iced tea

1/4 FRIED CHICKEN (WHITE OR DARK)

SPAGHETTI WITH MEAT SAUCE

8 OZ. CHOPPED STEAK WITH GRILLED ONIONS

A CABBAGE ROLL WITH POTATOES

ONE PIECE COD DINNER

5 OZ. SIRLOIN STEAK

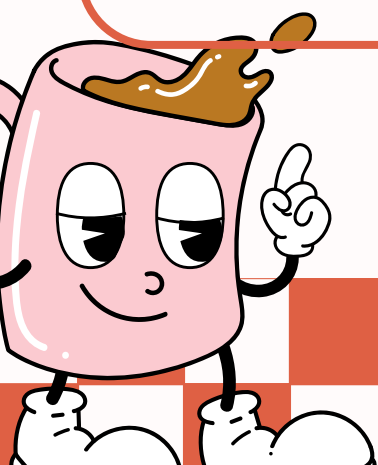
1/2 CHICKEN A LA KING

MEATLOAF DINNER

8-INCH PIZZA (AFTER 4 PM ONLY)

with your choice of two toppings

MENUS ARE APPROVED FOR USE BY TITLE IIIC NUTRITION PROGRAMS.
K. LEICHT, R.D., L.D.N., M.B.A.





Meals on Wheels Foundation
of Northern Illinois *A non-profit organization*

Community Nutrition Network
and Senior Services Association *A non-profit organization*



Train Stop Café

Coupons/meals will be distributed at the first of the month on a first-come, first-served basis. In order to allow as many people as possible to have access to the program, there may be a limit to the number of coupons/meals that each person can receive.

If you have any questions, please contact
Patty Strahan at 815-941-1590.



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