

Beecher Center/Meals on  
Wheels  
908 Game Farm Road  
Yorkville, IL. 60560

Days: *Mondays-Fridays*  
Times: *7:00am-1:00pm*  
Phone: *630-553-2316*



**Community Nutrition Network  
& Senior Services Association**



**September 2024**

*Nutrition Director/Louise Maritato*

Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>Closed for Labor Day</b>	3 Italian Sausage/Marinara, Scalloped Potatoes, Brussel Sprouts, Wheat Sausage Bun, Fresh Melon, Milk	4 BBQ Pulled Chicken, Cheesy Mashed Potatoes, Broccoli, Wheat Sandwich Bun, Chilled Pears, Milk	5 Dilled Tuna Salad Sandwich, Lettuce & Tomato Garbanzo & Kidney Bean w/ Slivered Carrots Balsamic, Wheat Kaiser, Fruit Cup, Milk	6 Chicken Marbella, Rice Florentine, Country Blend, Whole Wheat Bread, Whole Orange, Milk
9 Kielbasa. Dilled Potatoes, Bean Casserole, Rye Bread, Fruit Cup, Milk	10 Chicken W/ Garden Rotini Pasta Salad, Mixed Salad Greens, Herbed Tomato Wedges, Multi-Grain Bread, Pineapple Tid Bits, Milk	11 Eggs Loraine, Potatoes O'Brian, Fruit Cup, Blueberry Muffin, Whole Orange, Milk	12 Baked Meatloaf w/ Country Gravy, Mashed Potatoes, Carrots & Chives, Whole Wheat Bread, Chilled Peaches Milk	13 Potato Crusted Fish Fillet, Au Gratin Potatoes, Peas, Whole Wheat Bread, Applesauce, Milk
16 Meatball Marinara Sub Sand- wich, Potatoes Italiano, Italian Green Beans, Wheat French Roll, Whole Orange, Milk	17 Salisbury Steak, Mashed Potatoes/ Gravy, Cabbage & Carrots, Multi- Grain Bread, Mixed Fruit, Oatmeal Raisin Cookie, Milk	18 Roast Turkey Breast & Wisconsin Cheddar, Wheat Kaiser, Lettuce & Tomato, Pea Salad, Pineapple Tid Bits, Milk	19 Lemon Basil Chicken, Garden Vegetables, Corn & Black Beans, Multi-Grain Dinner Roll, Apple Sauce, Milk	20 Veal Parmesan, Penne Pasta w/ Marinara Sauce, Broccoli, Wheat Vienna Bread, Fresh Melon, Milk
23 Chicken Ala Orange Vegetable Rice Pilaf, Northern Beans, Bran Muffin Bread, Chilled Peaches, Milk	24 French Dip Beef w/ Mushrooms & Onions, Oven Fries, Corn, Wheat French Roll, Whole Apple, Milk	25 Classic Lasagna w/ Meat Sauce, Squash Medley, Italian Green Beans, Whole Wheat Bread, Chilled Pears, Milk	26 Surimi Crab Salad, Mixed Salad Greens w/ Tomato Wedges, Dilled Cucumbers, Apple Cinnamon Muffin Fruit Cup, Milk	27 Hot Dog, Twice Baked Potato Casserole, Peas & Carrots, Wheat Hot Dog Bun, Milk
30 Roast Pork & Gravy, Au gratin Potatoes, Peas & Carrots, Wheat Bread, Whole Apple, Milk			<i>Remove meal from the freezer or refrigerator Punch a few holes in the clear cover with a fork. Leave the cover on the food. Set microwave to defrost for 2-4 minutes, then full power for 3-5 minutes. If it has been refrigerated, it will not take as lon</i>	<b>For your safety, if you cannot finish your meal, or your not ready to eat your meal at delivery time. Refrigerate Immediate Suggested Donation \$3.75</b>

Menu subject to change due to availability of items. Funding in part is provided by Age Guide Area on Aging