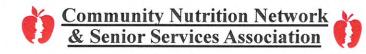
Beecher Center/Meals on Wheels 908 Game Farm Road

Yorkville, IL. 60560

Days: Mondays-Fridays Times: 7:00am-1:00pm Phone: 630-553-2316



September 2024

Nutrition Director/Louise Maritato

Monday	Tuesday	Wednesday	Thursday	Friday
Closed for Labor Day	3 Italian Sausage/Marinara, Scalloped Potatoes, Brussel Sprouts, Wheat Sausage Bun, Fresh Melon, Milk	4 BBQ Pulled Chicken, Cheesy Mashed Potatoes, Broccoli, Wheat Sandwich Bun, Chilled Pears, Milk	5 Dilled Tuna Salad Sandwich, Lettuce & Tomato Garbanzo & Kidney Bean w/ Slivered Carrots Balsamic, Wheat Kaiser, Fruit Cup, Milk	6 Chicken Marbella, Rice Florentine, Country Blend, Whole Wheat Bread, Whole Orange, Milk
Kielbasa. Dilled Potatoes, Bean Casserole, Rye Bread, Fruit Cup, Milk	10 Chicken W/ Garden Rotini Pasta Salad, Mixed Salad Greens, Herbed Tomato Wedges, Multi-Grain Bread, Pineapple Tid Bits, Milk	Eggs Loraine, Potatoes O'Brian, Fruit Cup, Blueberry Muffin, Whole Orange, Milk	12 Baked Meatloaf w/ Country Gravy, Mashed Potatoes, Carrots & Chives, Whole Wheat Bread, Chilled Peaches Milk	Potato Crusted Fish Fillet, Au Gratin Potatoes, Peas, Whole Wheat Bread, Applesauce, Milk
16 Meatball Marinara Sub Sandwich, Potatoes Italiano, Italian Green Beans, Wheat French Roll, Whole Orange, Milk	Salisbury Steak, Mashed Potatoes/ Gravy, Cabbage & Carrots, Multi- Grain Bread, Mixed Fruit, Oatmeal Raisin Cookie, Milk	18 Roast Turkey Breast & Wisconsin Cheddar, Wheat Kaiser, Lettuce & Tomato, Pea Salad, Pineapple Tid Bits, Milk	19 Lemon Basil Chicken, Garden Vegetables, Corn & Black Beans, Multi-Grain Dinner Roll, Apple Sauce, Milk	20 Veal Parmesan, Penne Pasta w/ Marinara Sauce, Broccoli, Wheat Vienna Bread, Fresh Melon, Milk
23 Chicken Ala Orange Vegetable Rice Pilaf, Northern Beans, Bran Muffin Bread, Chilled Peaches, Milk	24 French Dip Beef w/ Mushrooms & Onions, Oven Fries, Corn, Wheat French Roll, Whole Apple, Milk	25 Classic Lasagna w/ Meat Sauce, Squash Medley, Italian Green Beans, Whole Wheat Bread, Chilled Pears, Milk	26 Surimi Crab Salad, Mixed Salad Greens w/ Tomato Wedges, Dilled Cucumbers, Apple Cinnamon Muffin Fruit Cup, Milk	27 Hot Dog, Twice Baked Potato Casserole, Peas & Carrots, Wheat Hot Dog Bun, Milk
30 Roast Pork & Gravy, Au gratin Potatoes, Peas &Carrots, Wheat Bread, Whole Apple, Milk Menu subject to change due to availabili	ity of items. Funding in part is provid	ed by Age Guide Area on Aging	Remove meal from the freezer or refrigerator Punch a few holes in the clear cover with a fork. Leave the cover on the food. Set microwave to defrost for 2-4 minutes, then full power for 3-5 minutes. If it has been refrigerated, it will not take as lon	For your safety, if you cannot finish your meal, or your not ready to eat your meal at delivery time. Refrigerate Immediate Suggested Donation \$3.75