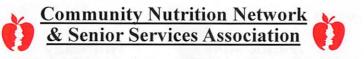
Schaumburg CNN Senior Café @ The Barn 231 S. Civic Drive Schaumburg, 60193

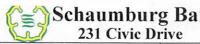
Days: Mondays-Fridays Times: 10:00am-2:00pm Phone: 847-524-7496



September 2024

CNN Café Manager: Caitlin Wilson Senior Services Manager: Marina Lvovich

Monday	Tuesday	Wednesday	Thursday	Friday
Barn Closed! Labor Day!	FRESH BAR Italian Sausage Marinara Wheat Sausage Bun Bean Soup, Tossed Garden Salad, Cottage Cheese, Carrot Raisin Salad Diced Melon	BBQ Pulled Chicken Cheesy Mashed Potatoes Broccoli Wheat Sandwich Bun Chilled Pears	5. Dilled Tuna Salad Lettuce and Tomato Garbanzo & Kidney Beans w/ Slivered Carrots Wheat Kaiser Banana Fruit Cup	Chicken Marbella Rice Florentine Country Blend Whole Wheat Bread Whole Orange
9. KFC \$5.00 2 Piece Chicken Dinner Corn Mac & Cheese Chocolate Cake Fruit	10. FRESH BAR Chicken Garden Rotini Salad Wheat Dinner Roll Split Pea Soup, Tossed Garden Salad, Cottage Cheese, Pineapple Tid Bits Beet Salad	Eggs Lorraine Potatoes O'Brien Fruit Cup Blueberry Muffin Whole Orange	12. Baked Meatloaf w/ Country Gravy Mashed Potatoes Carrots & Chives Whole Wheat Bread Chilled Peaches Fresh Melon	Potato Crusted Fish Filet Au Gratin Potatoes Peas Whole Wheat Bread Applesauce
16. Pasta Mia \$5.00 Meatballs Mostaccoli Tossed Salad Italian Bread Fruit	17. FRESH BAR Pulled Pork Shoulder w/ Mango BBQ on Wheat Sandwich Bun Cream of Mushroom & Barley Soup, Tossed Garden Salad, Cottage Cheese, Mixed Fruit, Potato Salad	18. Roasted Turkey Breast & Wisconsin Cheddar Wheat Kaiser Lettuce & Tomato Pea Salad Pineapple Tid Bits	19. Lemon Basil Chicken Garden Vegetables Corn & Black Beans Multi-Grain Dinner Roll Applesauce Banana	20. Mario's Pizza \$5.00 Slice of Pizza (Sausage or Cheese) Salad Fruit
23. <u>Dogfather Hot Dog's \$5.00</u> Italian Beef Coleslaw Chips Fruit	French Dip of Beef w/ Mushrooms and Onions Oven Fries Corn Wheat French Roll Whole Apple	25. Classic Lasagna w/ Meat Sauce Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears	Surimi Crab Salad Mixed Salad Greens w/ Tomato Wedges Dilled Cucumbers Apple Cinnamon Muffin Fruit Cup	27. Alden Poplar Creek \$4.00 Cucumber and Onion Salad 7 Bean Chili Con Carne Steamed Green Beans Cheddar Biscuits Chocolate Forest Pudding
30. Sweet Orange \$5.00 French Toast 2 Scrambled Eggs 2 Bacon, 2 Sausage Hash Browns Fruit	bility of items. Funding in part is provide	Lunch Served at Noon Registration Begins Monday, July 22nd	**Food Orders are Placed Every Monday for the Following Week**	For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with fat free or low fat milk.





Schaumburg Barn
231 Civic Drive

September 2024 - Calendar CNN Café Manager: Caitlin Wilson Senior Services Coordinator: Marina Lyovich (847) 524-7496

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
2. Barn Closed for Labor Day	Salad Bar Lunch 10 AM Bunco Tournament	9:30 AM Garden Club 10-10:30 AM Chair Yoga with Laura 11 AM Cooking Demos by The Indigo at Bartlett	10:30 AM Balloon Volleyball	6. 9:30-10:00 AM Walking Club 10:30 AM Carnival Party with games and prizes	Golden Games Information When: September 16-20 Time: Breakfast at 8:30 a.m. Events: 9-10 a.m. Cost: \$5 per person includes breakfast and events	
Restaurant Day Lunch 9:30 AM Garden Club 10 AM Wellness Clinic Market Day 1:30-3:00 PM (limited supplies)	Salad Bar Lunch 10 AM Bring Baked Goods for First Responders 10:30 AM Canvas Painting 10:30 AM Book Club at Nursing Building	9:30 AM Garden Club 10-10:30 AM Zumba with Josi 10:30 AM Crochet Group	Bingo Bananza \$1 Lunch \$1 Bingo Cards or 6/\$5 Special Banana Treats	9:30-10:00 AM Walking Club 10:30 AM Under the Blanket Game	Registration starts Tuesday, August 27 Events: 9/16-Bags Competition 9/17-Bicep Curl 9/18-Chopstick Challenge 9/19-Brain Games 9/20-Closing Ceremony	
Restaurant Day Lunch 8:30 AM Breakfast for participating Golden Game attendees 9 AM Golden Games 10:30 AM Garden Club 11:30 AM Public Safety Presentation	Salad Bar Lunch 8:30 AM Breakfast for participating Golden Game attendees 9 AM Golden Games 10:30 AM LRC Game 1:45 PM Senior Advisory Council Meeting	8:30 AM Breakfast for participating Golden Game attendees 9 AM Golden Games 10:30 AM Garden Club 10:30-11AM Chair Yoga 11:15 AM Oak Street Health and Medicare 101 Presentation and complimentary lunch	8:30 AM Breakfast for participating Golden Game attendees 9 AM Golden Games	9 AM Closing Ceremony for Golden Games	Social Saturday Catered from Long Horn Steak House Menu: Seven Pepper Sirloin Salad OR Grilled Chicken and Strawberry Salad, Loaded Potato, Honey Wheat Bread, and Dessert	
Restaurant Day Lunch 9:30 AM Garden Club Market Day 1:30-3:00 PM (limited supplies)	Salad Bar Lunch 10:30 AM Pokeno Game	9:30 AM Garden Club 10-10:30 AM Zumba with Josi 10:30 AM Crochet Group	26. 10 –11AM 5– minute Chair Massage with Jennifer (massage by lottery on day of) 10:30 AM Themed Brain Games	9:30-10 AM Walking Club 10:00 AM Tech Corner Alden Poplar Creek Luncheon \$4.00	Activities: Games, Bingo, and Raffles. Sponsored by the Rotary Club of Schaumburg and Hoffman Estates \$5.00 Suggested Donation	
30. Restaurant Day Lunch 9:30 AM Garden Club 10:30 AM 31 Card Game	BUNGO	Registration for ALL lun In order to participate in a lunch. Visit the Barn Web BINGO will be played ex	Transportation Options Senior Bus: 847.882.1929 Pace Bus: 847.352.8097			

Funds in whole or in part for this publication were provided through an award from Age Options under Title III of the Older American Act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Humans Right Act, The U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, The Age Discrimination in Employment Act, and The U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8965 [Voice and TDD] or contact Williams Burns, Director of Personnel at 312-207-5290. We serve nutritious lunches to Schaumburg Township seniors and disabled friends for a voluntary donation. Monday's and Friday's there is a suggested \$5 donation and Tuesday-Thursday \$3.25.