September 2024							
	Hours: Monday Throu	Community Nutrition Network					
Site Manager		BINGO Mon-Fri		- 3140 Enterprise Park Ave			
Elizabeth Morales		10:30AM- 11:30AM		South Chicago Heights IL 60411			
(708) 843-6229		Lunch/Pick-up 11:30am		Café MENU			
Monday	Tuesday	Wednesday	Thursday	Friday			
CLOSED	3 Italian sausage marinara Scalloped potatoes Brussel sprouts Fresh melon	BBQ pulled chicken Cheesy mashed potato Broccoli Chilled pears	4 5 Dilled tuna salad Garbanzo & kidney beans Carrots balsmaic Banana	6 Chicken marbella Rice Florentine Country blend Whole orange			
9 Kiebasa Dilled potatoes	10 Chicken w/ garden rotini pasta salad	12 Eggs Lorraine Potatoes o'brien	1 12 Baked meatloaf Mashed potatoes	13 Potato crusted fish filet Au gratin potatoes			
Bean casserole Fruit cup	Herbed toamatoes Pineapple tidbits	Fruit cup Blueberry muffin	Carrots & chives	Peas Diced potatoes			
Meatball marinara sub		18 Roasted turkey breast	3 19 Lemon basil chicken				
Potato italiano Italian green beans	Cabbage & carrots Mixed fruit	wisconsin cheddar Pea salad	Garden vegetables Corn & black beans	penne pasta w/marinara Broccoli			
Whole orange	Oatmeal raisin cookie	Pineapple tidbits	Applesauce	Fresh melon			
23 Chicken a la orange	24 French dip of beef	2! Classic lasanga	5 Golden Corral 26	Hotdog 27			
Vegetable rice pilaf	mushroom & onions	Squash medley	Please RSVP	Twice baked potato casserole			
Northern beans	Oven fries	Italian green beans	Café will still be open: surimi	Peas & carrots			
Chilled pears	chef choice	Chilled pears	crab salad, applesauce,milk	Banana			
<i>30</i> Roast pork & gravy Au gratin potatoes Peas & carrots		 Market (1) Market (1)	Not ready to eat meal is delivered, REFRIGERATE IT <u>RIGHT AWAY</u> PLEASE DON'T LEAVE	Fat-free or Low-fat milk with each meal			
Whole apple			YOUR FOOD SITTING OUT!	Donation \$3.00			

MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

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Donation \$3.00

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