

Park Tower Community Café  
 247 Caterpillar Drive  
 Joliet, IL 60435  
 CNN Café Manager: Jennifer Delarosa



# September 2024

## Community Nutrition Network & Senior Services Association



Days: Monday Tuesday & Friday  
 Times: 11:00 AM-12:00 PM  
 Phone: (815) 351-4639

Monday	Tuesday	Wednesday	Thursday	Friday
2  <b>CLOSED</b>	3 <u><b>Deli Menu</b></u>	4	5	6 Chicken Marbella Rice Florentine Country blend Whole wheat bread Whole Orange
9 Kielbasa Dilled potatoes Bean casserole Rye bread Fruit cup	10 <u><b>Deli Menu</b></u>	11	12	13 Potato crusted fish filet Au Gratin potatoes Peas Whole wheat bread Applesauce
16 Meatball marinara sub Potatoes Italiano Italian green beans Wheat French roll Whole orange	17 <u><b>Deli Menu</b></u>	18	19	20 Veal parmesan Penne Pasta/ marinara Broccoli Wheat Vienna bread Fresh melon
23 Chicken ala orange Vegetable rice pilaf Northern beans Bran muffin bread Chilled peaches	24 <u><b>Deli Menu</b></u>	25	26	27 Hot Dog Twice Baked Potato Casserole Peas & Carrots Wheat Hot Dog Bun Banana
30 Roast Pork & Gravy Au Gratin Potatoes Peas & Carrots Wheat Bread Whole Apple	<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY!</p> <p>Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk.</p>			

**Menu subject to change due to availability of items.** Funding in in part is provided by AgeGuide

Suggested Lunch Donation: \$4.00

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