

Monee Meals on Wheels
 4700 W Court St
 Monee, IL 60449
 CNN Site Manager: Tammie Durrett



September 2024

Community Nutrition Network & Senior Services Association



Café Days: Monday-Friday
 Times: 11:00 AM-1:00 PM
 Phone: (815) 351-9210

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|
| <p>2</p> <p>CLOSED</p> | <p>3</p> <p>Italian sausage /marinara Scalloped potatoes Brussel sprouts Wheat bun Fresh melon</p> | <p>4</p> <p>Bbq pulled chicken Cheesy mashed potato Broccoli Wheat bun Chilled pears</p> | <p>5</p> <p>Dilled tuna salad Lettuce & Tomato Garbanzo & kidney beans w/ slivered carrots Wheat Kaiser Fruit Cup</p> | <p>6</p> <p>Chicken Marbella Rice Florentine Country blend Whole wheat bread Whole Orange</p> |
| <p>9</p> <p>Kielbasa Dilled potatoes Bean casserole Rye bread Fruit cup</p> | <p>10</p> <p>Chicken w/ garden rotini pasta salad Salad greens Tomato wedges Multi-Grain bread Pineapple Tid-Bits</p> | <p>11</p> <p>Eggs Lorraine Potatoes O'Brien Fruit cup Blueberry muffin Whole orange</p> | <p>12</p> <p>Baked meatloaf /gravy Mashed potatoes Carrots & Chives Wheat Bread Chilled peaches</p> | <p>13</p> <p>Potato crusted fish filet Au Gratin potatoes Peas Whole wheat bread Applesauce</p> |
| <p>16</p> <p>Meatball marinara sub Potatoes Italiano Italian green beans Wheat French roll Whole orange</p> | <p>17</p> <p>Salisbury Steak Mashed Potatoes\Gravy Cabbage & Carrots Multi-Grain Bread Mixed Fruit Oatmeal Raisin Cookie</p> | <p>18</p> <p>Roasted turkey breast & Wisconsin cheddar Wheat Kaiser Lettuce & Tomato Pea salad Pineapple Tid-Bits</p> | <p>19</p> <p>Lemon basil chicken Garden Vegetables Corn & black beans Multi-Grain dinner roll Applesauce</p> | <p>20</p> <p>Veal parmesan Penne Pasta/ marinara Broccoli Wheat Vienna bread Fresh melon</p> |
| <p>23</p> <p>Chicken ala orange Vegetable rice pilaf Northern beans Bran muffin bread Chilled peaches</p> | <p>24</p> <p>French dip beef w/ mush- rooms & onions Oven fries Corn French roll Apple</p> | <p>25</p> <p>Classic Lasagna W/ Meat Sauce Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears</p> | <p>26</p> <p>Surimi Crab Salad Mixed Greens W/ Tomato Wedges Dilled Cucumbers Apple Cinnamon Muffin Fruit Cup</p> | <p>27</p> <p>Hot Dog Twice Baked Potato Casserole Peas & Carrots Wheat Hot Dog Bun Banana</p> |
| <p>30</p> <p>Roast Pork & Gravy Au Gratin Potatoes Peas & Carrots Wheat Bread Whole Apple</p> | <p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY!</p> <p>Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk.</p> | | | |

Menu subject to change due to availability of items. Funding in in part is provided by AgeGuide

Suggested Lunch Donation: \$4.00

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