New Lenox Township Community Cafe 1090 S Cedar Road New Lenox, IL 60451 CNN Café Manager: Jennifer Tillotson



## September 2024

Community Nutrition Network & Senior Services Association



Days: Monday-Friday Times: 11:00 AM-12:00 PM Phone: (815) 351-6954

Monday	Tuesday	Wednesday	Thursday	Friday
2 LABOR DAY THANK YOU FOR YOUR HARD WORK <u>CLOSED</u>	3 Italian sausage /marinara Scalloped potatoes Brussel sprouts Wheat bun Fresh melon	4 Bbq pulled chicken Cheesy mashed potato Broccoli Wheat bun Chilled pears	<ul> <li>Dilled tuna salad</li> <li>Lettuce &amp; Tomato</li> <li>Garbanzo &amp; kidney beans</li> <li>w/ slivered carrots</li> <li>Wheat Kaiser</li> <li>Fruit Cup</li> </ul>	6 Chicken Marbella Rice Florentine Country blend Whole wheat bread Whole Orange
9 Kielbasa Dilled potatoes Bean casserole Rye bread Fruit cup	10 Chicken w/ garden rotini pasta salad Salad greens Tomato wedges Multi-Grain bread Pineapple Tid-Bits	11 Eggs Lorraine Potatoes O'Brien Fruit cup Blueberry muffin Whole orange	12 Baked meatloaf /gravy Mashed potatoes Carrots & Chives Wheat Bread Chilled peaches	13 Potato crusted fish filet Au Gratin potatoes Peas Whole wheat bread Applesauce
16 Meatball marinara sub Potatoes Italiano Italian green beans Wheat French roll Whole orange	17 Salisbury Steak Mashed Potatoes\Gravy Cabbage & Carrots Multi-Grain Bread Mixed Fruit Oatmeal Raisin Cookie	18 Roasted turkey breast & Wisconsin cheddar Wheat Kaiser Lettuce & Tomato Pea salad Pineapple Tid-Bits	19 Lemon basil chicken Garden Vegetables Corn & black beans Multi-Grain dinner roll Applesauce	20 Veal parmesan Penne Pasta/ marinara Broccoli Wheat Vienna bread Fresh melon
23 Chicken ala orange Vegetable rice pilaf Northern beans Bran muffin bread Chilled peaches	24 French dip beef w/ mush- rooms & onions Oven fries Corn French roll Apple	25 Classic Lasagna W/ Meat Sauce Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears	26 Surimi Crab Salad Mixed Greens W/ Tomato Wedges Dilled Cucumbers Apple Cinnamon Muffin Fruit Cup	27 Hot Dog Twice Baked Potato Casserole Peas & Carrots Wheat Hot Dog Bun Banana
30 Roast Pork & Gravy Au Gratin Potatoes Peas & Carrots Wheat Bread Whole Apple	IT RIGHT AWAY!	u cannot eat all of your meal or if y Jout. Please be safe. Each meal s	you are not ready to eat your meal, served with fat-free or skim milk.	REFRIGERATE

## Menu subject to change due to availability of items. Funding in in part is provided by AgeGuide

Suggested Lunch Donation: \$4.00

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