

Monday

Tuesday

Wednesday

Thursday

Friday



01.



04.



11.



05.



12.



06.



13.



07.



14 Restaurant day



08.



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18.



19.



20. Let's make Christmas crafts



21.

22.



25.



26.



27.






28.



29.

Menu subject to change due to availability of items. Funds in whole or in part for this publication were provided through an ward from Age Option under title 111 of the older Americans Act as administered through the Illinois Department on Aging and federal administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination Act the age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have discriminated against, you have the right to file a complaint. For information dial [1-800-252-8965](tel:1-800-252-8965) (Voice and TD)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with milk</p>			<p>Suggested Donation \$3.00</p>	<p>01.Crab Alfredo penne pasta Zucchini w/Red peppers &onions Vegetables Whole wheat roll Fruit Cup</p>
<p>04.Baked meatloaf Cauliflower- Mashed Potatoes Mixed wheat Roll Pineapple bits</p>	<p>05. BBQ Pulled Pork Oven fries Carrot raisin salad Wheat sandwich Bun Warm apple crumble</p>	<p>06. Glazed Chicken thigh Scalloped potatoes Baked bean casserole Wheat Bread Fruit Jello</p>	<p>07. Cheese Omelette Has Browned potatoes Whole wheat biscuit Apple Juice Fruit Yogurt Fresh Orange</p>	<p>08.Swedish meatballs Mashed potatoes Broccoli Multi grain bread Fresh melon</p>
<p>11. </p>	<p>12. Cheese Burger Whole wheat Hamburger Bun Tomato soup Tossed garden salad Cottage cheese, sliced pears</p>	<p>13. Salisbury steak Mashed potatoes Corn Multi grain dinner roll Pineapple</p>	<p>14Wendy's Restaurant Cup of chili Baked potato Fruit Milk</p>	<p>15. Classic Lasagna Broccoli Vegetables Wheat bread Oatmeal raisin cookie</p>
<p>18. Roast Turkey &gravy Baked sweet potatoes Mixed vegetables Bread stuffing</p>	<p>19. Stuffed green pepper Whole wheat roll Lumberjack soup Tossed garden salad Cottage cheese, fruit cup</p>	<p>20. Swiss Burger Whole wheat hamburger Mushroom barley soup Tossed garden salad Cottage cheese, tropical fruit</p>	<p>21. Chicken Vesuvio Mashed Potatoes Cauliflower &red peppers Wheat bread Mandarin oranges</p>	<p>22.Portillo's Restaurant Cheeseburger Lettuce, tomato, pickle And onion Fruit and bag of chips</p>
<p>25. Roast Turkey & gravy Baked Sweet potatoes Green Bean casserole Bread stuffing Dessert</p>	<p>26. BBQ Riblet Oven fries Black beans &corn Wheat sandwich bun Whole apple</p>	<p>27. Hot roast beef Mashed potatoes Peas &carrots Wheat bread Fresh orange</p>	<p>28. 29. </p>	