

**CNN Home Delivered  
Meal Program  
1700 Newton Place  
Morris, IL 60450**

**October 2024**

*Days: Mondays-Fridays  
Times: 8:00am-3:00 pm  
Phone: (815)941-1590*

*Patty Strahan Nutrition Director*



**Community Nutrition Network  
& Senior Services Association**

This menu is approved for use by Georgis title III C  
Nutrition Sites. K. Leicht, RD LDN MBA



Funding in part is  
provided by Age Guide  
and United Way of  
Grundy County



If you have any questions or  
problems please call our office at  
1-815-941-1590.

Monday	Tuesday	Wednesday	Thursday	Friday
	1.CHEDDAR BROCCOLI CHICKEN RICE CASSEROLE CAULIFLOWER WHOLE WHEAT ROLL WARM PEAR CRANBERRY CRUMBLE Milk or juice	2.SALISBURY STEAK/GRAVY MASHED POTATOES CORN MULTI-GRAIN DINNER ROLL PINEAPPLE TIDBITS Milk or juice	3. CHICKEN & MINI DUMPLINGS GARDEN VEGETABLES CORN & BLACK BEAN SALAD MULTI - GRAIN DINNER ROLL HOT GLAZED APPLES Milk or juice	4. CLASSIC LASAGNA W/ MEAT SAUCE BROCCOLI CHEF'S CHOICE VEGETABLE WHEAT BREAD OATMEAL RAISIN COOKIE Milk or juice
7.ROAST TURKEY & GRAVY BAKED SWEET POTATOES MIXED VEGETABLES BREAD STUFFING CHEF'S FRUIT Milk or juice	8. SPAGHETTI & MEATBALL MARINARA MIXED SALAD GREENS MULTI GRAIN BREAD WARM PEACH COBBLER Milk or juice	9.HAMBURGER GERMAN POTATO SALAD GREEN BEANS WHEAT SANDWICH BUN APPLE SAUCE Milk or juice	10. BAKED MEATLOAF W/ COUNTRY GRAVY MASHED POTATOES CARROTS & CHIVES WHOLE WHEAT BREAD CHILLED PEACHES Milk or juice	11.CITRUS ALASKAN POLLOCK VEGETABLE RICE PILAF COUNTRY BLEND VEGETABLE MULTI GRAIN DINNER ROLL CHICK PEA SALAD FRESH MELON Milk or juice
14.HOT ROAST BEEF MASHED POTATOES/GRAVY PEAS & CARROTS WHEAT BREAD FRESH ORANGE Milk or juice	15. BBQ RIBLET OVEN FRIES BLACK BEANS & CORN WHEAT SANDWICH BUN WHOLE APPLE Milk or juice	16. ROAST TURKEY W/ CHEDDAR ALE SAUCE VEGETABLE RICE PILAF BROCCOLI BISCUIT CHEF'S FRUIT OATMEAL RAISIN COOKIE Milk or juice	17. CHICKEN & MINI DUMPLINGS GARDEN VEGETABLES CORN & BLACK BEAN SALAD MULTI - GRAIN DINNER ROLL HOT GLAZED APPLES Milk or juice	18. CHICKEN BREAST PARMESAN PENNE PASTA / MARINARA SQUASH MEDLEY WHEAT VIENNA CHILLED PEACHES Milk or juice
<b>Office is Closed Today</b>				
21. BAVARIAN STYLE BRAT- WURST DICED PARSLED POTATOES CARROTS RYE BREAD FRESH MELON Milk or juice	22. CHICKEN CHARDONNAY MASHED POTATOES BROCCOLI MULTI GRAIN BREAD FRESH ORANGE CHOCOLATE PUDDING Milk or juice	23. TEXAS CHILI MAC & CHEESE COUNTRY BLEND VEGETABLE MULTI GRAIN BREAD FRUIT CUP Milk or juice	24. VEAL MARSALA SCALLOPED POTATOES STEWED TOMATOES MULTI GRAIN BREAD CHILLED PEARS Milk or juice	25. BAKED POLLOCK PICCATA BAKED POTATO CALIFORNIA BLEND WHEAT BREAD LEMON MANDARIN PUDDING Milk or juice
28. SLOW ROASTED BEEF/GRAVY MASHED POTATOES BRUSSELS SPROUTS MULTI GRAIN BREAD CHILLED PEARS COOKIE Milk or juice	29. TURKEY POT ROAST/GRAVY BAKED POTATO PEAS & CARROTS MULTI GRAIN BREAD CHEF'S FRUIT Milk or juice	30.SPAGHETTI & MEATBALL MARINARA BROCCOLI WHEAT VIENNA CHILLED PEACHES Milk or juice	31. CHICKEN TENDERS IN COUNTRY CHICKEN GRAVY, BREAD STUFFING, SWEET POTATO MASHED NORTHERN BEAN & TOMATO MEDLEY APPLE Milk or juice	

**Menu subject to change due to availability of items.** For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal when it is delivered: REFRIGERATE IT RIGHT AWAY!! Do not leave it sitting out!!! Remove meal from the freezer and follow the cooking instructions provided. If it has been refrigerated, it will not take as long. This menu is subject to change.

**Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.**

**If you have any questions or problems please call our office at 1-815-941-1590.**