







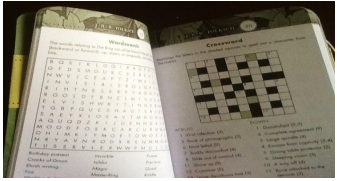













Monday	Tuesday	Wednesday	Thursday	Friday
				1. Scrabble 
4.	5. PATHLIGHTS PRESENTATION MEDICARE 2025	6. Uno 	7.	8. Stress Free Coloring 
11. Closed 	12. NOVEMBER CRAFT PIPE CLEANER INDIAN CORN 	13. Jigsaw Puzzles 	14. NOVEMBER CRAFT #2 FALL LEAF SUNCATCHERS 	15.
18. Wii Bowling 	19. Crossword Puzzles 	20. Movie Day TOY STORY 	21.	22. Yahtzee 
25. FRIENDSGIVING BINGO RSVP BY NOV 20 	26. Checkers 	27.	28. Closed 	29. Closed 

Menu subject to change due to availability of items. Funding in part is provided by Age Options.

Donation

Funds, in whole or in part, for this publication, were provided through Age Options, and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans Act as administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against you have the right to file a complaint. For information, 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)-207-5290



Monday	Tuesday	Wednesday	Thursday	Friday
<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with fat free or skim milk</p>				<p>1. BLT Chicken Salad Sandwich Lettuce & Tomato Garnish Potato Salad Whole Wheat Bread Fruit Cup</p>
<p>4. Baked Meatloaf w/Country Gravy Cauliflower Mashed Potatoes Mixed Vegetables Whole Wheat Roll Pineapple Tidbits</p>	<p>5. BBQ Pulled Pork Oven Fries Carrot Raisin Salad Wheat Sandwich Bun Warm Apple Crumble</p>	<p>6. Miso Glazed Chicken Thigh Scalloped Potatoes Baked Bean Casserole Wheat Bread Fruit Jello</p>	<p>7. Grilled Chicken Salad Mixed Greens & Tomato Cottage Cheese Wheat Crackers Chilled Peaches</p>	<p>8. Swedish Meatballs w/Gravy Mashed Potatoes Broccoli Multigrain Bread Fresh Melon</p>
<p>11. Closed</p> 	<p>12. Cheddar Broccoli Chicken Rice Casserole Cauliflower Whole Wheat Roll Warm Pear & Cranberry Crumble, Pea Salad</p>	<p>13. Salisbury Steak w/Gravy Mashed Potatoes Corn Multigrain Dinner Roll Pineapple Tidbits</p>	<p>14. Hot Dog Oven Fries Bean Casserole Wheat Hot Dog Bun Banana Fresh Melon</p>	<p>15. Classic Lasagna w/Meat Sauce Broccoli Chef's Choice Vegetable Wheat Bread Oatmeal Raisin Cookie</p>
<p>18. Roast Turkey w/Gravy Baked Sweet Potatoes Bread Stuffing Chef's Fruit</p>	<p>19. Stuffed Green Pepper Whole Wheat Roll Lumberjack Soup Tossed Garden Salad Cottage Cheese, Fruit Cup Variety Toppings</p>	<p>20. Swiss Burger Whole Wheat Hamburger Bun, Mushroom Barley Soup Tossed Garden Salad Cottage Cheese, Tropical Fruit, Variety Toppings</p>	<p>21. Chicken Vesuvio Mashed Potatoes Cauliflower & Red Peppers Wheat Bread Mandarin Oranges</p>	<p>22. Grilled Chicken Sandwich Lettuce & Tomato Garnish Cole Slaw Wheat Sandwich Bun Applesauce</p>
<p>25. HOLIDAY MENU Roast Turkey & Gravy Baked Sweet Potatoes Green Bean Casserole Bread Stuffing Dessert</p>	<p>26. BBQ Riblet Oven Fries Black Beans & Corn Wheat Sandwich Bun Whole Apple</p>	<p>27. Hot Roast Beef Mashed Potatoes w/Gravy Peas & Carrots Wheat Bread Fresh Orange</p>	<p>28. Closed</p> 	<p>29. Closed</p> 

Donation \$2.00 per meal