




January 2025

Brookfield Colgrass Café
9022 31st Street
Brookfield, IL 60513

Hours: Monday - Friday, 11:00am to 2:00pm
Lunch is served at 11:30am

Café Manager: Tanya Harrison
708-310-4434
Suggested donation: \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
<p>If you cannot eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY! Please don't leave food sitting out! Milk served with each meal</p>			<p>1</p> <p>2</p> <p>Tuna Salad Sandwich Cream of Broccoli Tossed Garden Salad Cottage Cheese Mandarin Oranges</p>	<p>3</p> <p>Citrus Alaskan Pollock Vegetable Rice Pilaf Country Blend Vegetable Chick Pea Salad Fresh Melon</p>
<p>6</p> <p>Corned Beef Sandwich Lettuce & Tomato Green Bean Salad Rye Bread Chilled Pears</p>	<p>7</p> <p>BBQ Riblet Oven Fries Black Beans & Corn Chef's Choice Whole Apple</p>	<p>8</p> <p>Roast Turkey with Cheddar Ale Sauce Vegetable Rice Pilaf Broccoli, Biscuit Chef's Fruit, Oatmeal Cookie</p>	<p>9</p> <p>Turkey Trio & Provolone Sub Split Pea Soup Tossed Garden Salad Cottage Cheese Banana</p>	<p>10</p> <p>Chicken Breast Parmesan Penne Pasta in Marinara Squash Medley Wheat Vienna Bread Chilled Peaches</p>
<p>13</p> <p>Bavarian Brat Diced Parslied Potatoes Carrots Rye Bread Fresh Melon</p>	<p>14</p> <p>Chicago Style Hot Dog Tomato Lentil Soup Tossed Garden Salad Chocolate Pudding Cottage Cheese</p>	<p>15</p> <p>Texas Chili Macaroni & Cheese Country Blend Vegetables Multi-Grain Bread Fruit Cup</p>	<p>16</p> <p>Stuffed Cabbage Roll Minnesota Wild Rice Soup Tossed Garden Salad Beet Salad Cottage Cheese, Chilled Pears</p>	<p>17</p> <p>Pastrami & Cheese Sandwich Lettuce & Tomato Carrot Raisin Salad Rye Bread Mandarin Oranges</p>
<p>20</p> 	<p>21</p> <p>Meatball Marinara Sub Bean Soup Tossed Garden Salad Cheese Tortellini Pasta Cottage Cheese, Chef's Choice</p>	<p>22</p> <p>Chicken Tender Poor Boy Cheddar Corn Chowder Soup Tossed Garden Salad Cole Slaw Cottage Cheese, Pineapples</p>	<p>23</p> <p>Tanya's Game Day Sloppy Joe Tater Tots Coleslaw Glazed Carrots Pudding</p>	<p>24</p> <p>BLT Chicken Salad Sandwich Lettuce & Tomato Potato Salad Whole Wheat Bread Fruit Cup</p>
<p>27</p> <p>Baked Meatloaf Cauliflower Mashed Potatoes Mixed Vegetables Whole Wheat Roll Pineapple Tidbits</p>	<p>28</p> <p>BBQ Pulled Pork Oven Fries Carrot Raisin Warm Apple Crumble Chef's Choice</p>	<p>29</p> <p>Turkey Cheddar Sandwich Cream of Cauliflower Soup Tossed Garden Salad Cottage Cheese Fruit Jello</p>	<p>30</p> <p>Bacon & Spinach Quiche Vegetable Gumbo Tossed Garden Salad Cottage Cheese Fruit Yogurt</p>	<p>31</p> <p>Swedish Meatballs in Gravy Mashed Potatoes Broccoli Multi Grain Bread Fresh Melon</p>

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 or contact the Director of Personnel at (312)207-5290.

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Monday	Tuesday	Wednesday	Thursday	Friday
			Cookies & Cocoa \$2 	
6	Stress Relief Coloring 	8	Join us for a fire safety presentation brought to you by Brookfield Fire Dept! 	10
13	14	15	16	17
				
20	21	22	23	24
			FOOTBALL PARTY & TRIVIA!  <p>Huddle up!! Stop in for lunch, trivia & a good time!</p>	
27	28	29	30	31
			Join us in celebrating January birthdays! 	

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