



These menus are approved for use by title IIIC Nutrition Programs. K. Leicht, RD LDN MBA

815-941-1590

COMMUNITY NUTRITION NETWORK

Monday		Tuesday		Wednesday		Thursday		FRIDAY	
SARATOGA TOWERS	2	SARATOGA TOWERS	3	SARATOGA TOWERS	4		5	SARATOGA TOWER	6
<p>Office open 8AM-11AM to register for or reload Senior Dine Cards or acquire "Great Plates" Coupons Meals are now \$7</p>				<p>Beef Stroganoff on Buttered Noodles, Tossed Salad, Mixed Vegetables, Rolls & Butter, Fruit, Dessert, Milk</p> <p>Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00</p>		<p>Funding in part is provided by Northeastern Illinois Area on Aging and United Way of Grundy County</p>		<p>Hot Dog in Bun, Mac & Cheese, Mixed Vegetables, Tossed Salad, Fruit, Dessert, Milk</p> <p>Lunch 11:00 Suggested Donation \$5.00</p>	
Coal City	9	SARATOGA TOWERS	10	SARATOGA TOWER	11		12	SARATOGA TOWER	13
<p>Chicken Pot Pie Tossed Salad, Green Beans, Fruit, Dessert, Milk</p> <p>Catered by Upper Crust. Lunch 12:00 Bingo to Follow Suggested Donation \$8.00</p>		<p>Office open 8AM-11AM to register for or reload Senior Dine Cards or acquire "Great Plates" Coupons Meals are now \$7</p>		<p>Christmas Dinner Party Ham w/Honey Mustard Glaze Scalloped Potatoes, Peas & Carrots, Cornbread, Fruit, Dessert, Milk</p> <p>Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00</p>				<p>Closed for our Staff Retreat</p>	
MINOOKA	16	MAZON	17	SARATOGA TOWER	18	Coal City	19	SARATOGA TOWER	20
<p>Ham w/Honey Mustard Glaze Scalloped Potatoes, Peas & Carrots, Cornbread, Fruit, Dessert, Milk</p> <p>Catered by Upper Crust Lunch 12:00 Bingo to Follow Suggested Donation \$8.00</p>		<p>Ham w/Honey Mustard Glaze Scalloped Potatoes, Peas & Carrots, Cornbread, Fruit, Dessert, Milk</p> <p>Catered by Upper Crust. Euchre at 10:30 Lunch 12:00 Bingo to Follow Suggested Donation \$8.00</p>		<p>Meatloaf, Mashed Potatoes w/gravy, Broccoli, Tossed Salad, Rolls & Butter, Fruit, Dessert, Milk</p> <p>Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00</p>		<p>Ham w/Honey Mustard Glaze Scalloped Potatoes, Peas & Carrots, Cornbread, Fruit, Dessert, Milk</p> <p>Catered by Upper Crust. Bingo at 10:30AM Lunch 12:00 Suggested Donation \$8.00</p>		<p>French Onion Meatballs W/Gravy, Buttered Noodles, Peas & Carrots, Tossed Salad, Rolls & Butter, Fruit, Milk, Dessert</p> <p>Lunch 11:00 Suggested Donation \$5.00</p>	
	23		24	SARATOGA TOWER	25		26	SARATOGA TOWER	27
		<p>Office Closed for the Christmas Holiday Merry Christmas!</p>		<p>Office Closed for the Christmas Holiday Merry Christmas!</p>				<p>Monthly Birthday Party Sausage & Peppers, Spaghetti & Marinara, Mixed Vegetables, Tossed Salad, Fruit, Dessert, Milk</p> <p>Lunch 11:00 Suggested Donation \$5.00</p>	
	30		31	<p>Happy New Year!</p>					
		<p>Office Closed for the Christmas Holiday Happy New Year!</p>				<p>Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.</p>			

Saratoga Towers Café serves meals daily at 11:30, open to public 60+ For your safety if you cannot eat all of your meal Refrigerate it right away!! Be safe! Please call 815-941-1590 to make or change a reservation. When you leave a message be assured we will follow through. Menu Subject to change due to availability of items. Thank You